### **CURRICULUM VITAE**

### PERSONAL PROFILE

### Dr. BINDU. P. K

Assistant Professor Department of Botany Sanatana Dharma College Alappuzha - 688003 Cell Number: 9847331116

Cen Number. 76473311

Email:

bindu.pk@sdcollege.in

bpk.mahesh23@gmail.com

#### POSITIONS HELD

- Chairman, Board of Examinations (PG), Microbiology
- Chairman, Board of Examinations (PG), Ethnobotany and Ethnopharmacology
- Member, Board of Studies, Sacred Heart College, Thevara (Autonomous)
- Member, Malpractice Prevention Squad, University of Kerala
- Member of IQAC, CLMC
- Research Supervisor, University of Kerala
- Coordinator, Bhoomitrasena club

### TEACHING EXPERIENCE

- Teacher, Chinmaya Vidyalaya, Tripunithura (1998-2009)
- Assistant professor, Sanatana Dharma College, Alappuzha(2009 to present)

### **LIFE MEMBER**

- IAAT
- IBS
- KAS

### **EDUCATION BACKGROUND**

Examinations	Name of the Board/University	Year of Passing	Division /Class/ Grade	Subject
B Sc	Mahatma Gandhi University	1995	First Class	Botan y
M Sc	Mahatma Gandhi University	1997	First Class	Botan y
B Ed	Mahatma Gandhi University	1998	First Class	Natural science
NET	UGC NET	2000 July	Eligibility Test for Lectureship	Life sciences
Ph D	University of Kerala	October 2017		Botany

## RESEARCH ACTIVITIES

**Area of Interest:** Ethnobotany, Taxonomy and Phytochemistry

# Research publications

Sl. No	Title of the Article	Name of the Journal	Volume, Number, page Nos, year etc.
1.	Biochemical Estimation of Proximal principles in some common weeds	Proceedings of 12 <sup>th</sup> Kerala Science Congress, Kumily	197 – 199 2000
2.	Enumeration of some potential medicinal plants (Polypetalae) in the District of Alappuzha, (Kerala) –I	Journ.Econ. Taxon.Botany	Vol.34 (3)505- 511 2010
3.	Enumeration of some potential medicinal plants	Journ.Econ.	Vol.37(4) 777-785
	(Polypetalae) in the District of Alappuzha (Kerala) –II	Taxon.Botany	2013
4.	Notes on <i>Eleuthrine bulbosa</i> (Mill.)Urb.A fast naturalizing exotic bulb crop among the UlladanTribal Community in Kerala state.	Journ.Econ. Taxon.Botany	Vol.38(2) 279-281 2014
5.	A unique Ethnomedicinal oil prepared by Ulladan	Journ.Econ.	Vol.38 (2) 355-358
	Tribal Community of Kerala State.	Taxon.Botany	2014
6.	Two Ethnomedicinal oils prepared by Ulladan tribal	Journ.Econ.	Vol.38 (2) 359-360
	Community to cure Tooth ache.	Taxon.Botany	2014
7.	A study on traditional post-delivery medicated bath practiced among the Ulladan tribal community of Kerala.	Journ.Econ. Taxon.Botany	Vol.38(3-4) 550-562 2014
8.	Ethnobotanical study of Ulladan Tribal Community in Alappuzha District, Kerala, India	Journ.Econ. Taxon.Botany	Vol.39(1) 197-207 2015
9.	Ethnobotanical study of Ulladan Tribal Community in Kollam District, Kerala State, India.	Journ.Econ. Taxon.Botany	Vol.39 (1) 208-222 2015
10.	Phytochemical and Nutritional Potential of Tropical Almond seed and its Antifungal Activity against <i>Candida albicans</i>	IJRASET	Vol.7(6) 1749-1753 2019
11.	Kaattu vedhu – a unique post-delivery bathing practice among Ulladan tribal community, Kerala, India	Journ.Econ. Taxon.Botany	Vol.43 (1-4) 76-78 2019
12.	Kurukku marunnu: a nutritional post-delivery medication Practiced by the ulladan tribal community of Kerala, India	Journ.Econ. Taxon.Botany	Vol.43 (1-4) 79-81 2019
13.	Assessment of nutritional relevance of diplazium esculentum by qualitative phytochemical and overall protein profiling	Plant Archives	Vol. 21 (2) 137-142 2021

## Research project

Subject	Name of funding	Sanctioning	Remarks
	Agency	Year	
Botany "Phytochemical analysisof Ethnomedicinally important plant – Mukia maderaspatana"	University Grants Commission (UGC)	2011	Project successfully completed and final report submitted.

## **Orientation/ Refresher**

Programme	Subject	Period	Organizer/Place
Orientation Course Refresher Course	IT Oriented  Summer school (Interdisciplinary)	14 <sup>th</sup> June-11 <sup>th</sup> July 2012 23rd July- 13 <sup>th</sup> August	UGC ASC, University of Kerala, Thiruvananthapuram UGC ASC, University of Kerala,
Refresher Course	Life Sciences	2018  3rd March-	Thiruvananthapuram  UGC HRDC, Bangalore University,
T. LEDD	Manada Oalina	27 <sup>th</sup> March 2019	Bangalore
Two-week FDP	Managing Online Classes and Co Creating MOOCs: 2.0 (Online mode)	18 <sup>th</sup> June - 3 <sup>rd</sup> June 2020	Teaching Learning Centre, Ramanujan College, New Delhi Ministry of Education, PMMMNMTT (Govt. of India approved scheme for teacher education)
Refresher course	Research Methodology: Tools and Techniques (Online mode)	7 <sup>th</sup> July-20 <sup>th</sup> July 2020	UGC HRDC Mizoram University, Aizawl UGC STRIDE scheme
One week FDP	Online Education in Higher Education Institutions	13 <sup>th</sup> - 17 <sup>th</sup> July 2020	The Kerala State Higher Education Council
UGC STRIDE Advanced Training program	Research Methodology: Statistical Tools for Data Analysis and Interpretation	22 September - 09 October, 2020	UGC STRIDE program (component 1) Mizoram University, Aizawl
Two-week MOOC workshop for college teachers	Management of Environment and its Resources	19 <sup>th</sup> May – 1 <sup>st</sup> June 2020	Department of Chemistry& Research Nesamony Memorial Christian College, Marthandam St. Xaviers College, Palayamkottai, Tirunelveli
Online Refresher Course	Biological Sciences	9 <sup>th</sup> to 22 <sup>nd</sup> December 2021	UGC-HRDC Kannur University
Online Certificate Course Cum Workshop	Open-Source Tools For Research	11 <sup>th</sup> - 20 <sup>th</sup> March 2022	Sanatan Dharma College, Ambala Cantt
Two-week Refresher Course (Multidisciplinary)	Environmental Science	13 <sup>th</sup> – 26 <sup>th</sup> July 2022	UGC HRDC University of Calicut

# $Conference/Seminar/Symposia/Workshop\ attended.$

No	Name of	Organizer	Place and Date
	Conference/Seminar		
	Symposia/Workshop, etc.		
Interi	national		
1	24 <sup>th</sup> Annual conference of IAAT andInternational conference on Trends in Plant Systematics.	Indian Association of Angiosperm Taxonomy (IAAT)	Bharathidasan University Thiruchirappalli
	Trends in France Systematics.	(IIIII)	31st Oct- 2nd Nov 2014
2	International Symposium on PlantTaxonomy and Ethnobotany	Botanical Survey of India	BSI, Kolkata
<b>3</b> 7 /*	,		13 <sup>th</sup> -14 <sup>th</sup> February 2020
Natio	1	[	
1	One day orientation programme tothe teaching staff of the colleges on the Regulations of Choice BasedCredit and Semester System	University of Kerala	December 4, 2009 S. D. College, Alappuzha
2	National Conference on Wetlands  –a Multidisciplinary Approach	St. Joseph's College	Alappuzha 28 – 29 January 2010
3	Workshop on Wetland Conservation	S.D. College	Alappuzha 5 <sup>th</sup> February 2010
4	UGC Sponsored Workshop CapacityBuilding for Women Managers in Higher Education – Assistant to the Local Coordinator	Women cell, S.D. College	Alappuzha 14 – 18 September 2010
5	UGC Sponsored Workshop Capacity Building for Women Managers inHigher Education	women cell, S. D. College	Alappuzha 06-10 February 2012
6	National seminar on "Emerging nanoscience and its Future in Biology"	Department of Zoology and Aquaculture St. Aloysius College Edathua	Edathua, Alappuzha21- 23August 2012
7	National seminar on Ethnic Knowledge of Biological Resources in Contemporary Plant Sciences.	Sree Narayana College for Women, Kollam.	Kollam. 28-29 August 2014
8	XLII All India Botanical Conference of the Indian Botanical Society and National Symposium on 'Innovations and Inventions in Plant Science Research'	Indian Botanical Society and University of Calicut	University of Calicut 6 <sup>th</sup> -8 <sup>th</sup> November 2019
State	Level		•
1	6 Day Kerala Biotechnology Commission sponsored short term training programme on Tools & Techniques in Molecular Biology and Bioinformatics	Department of Biotechnology, CUSAT, COCHIN	14 – 19 February 2011
1	One Day Seminar on Intellectual Property Rights	S.D. College, Alappuzha	11th February 2010
2	One day Hands on Training in Bioinformatics	St. Joseph's College for Women, Alappuzha	19 <sup>th</sup> February 2019

3	One day training in "Citizen	ICAR- Central Marine Fisheries	5 <sup>th</sup> August 2019
	Science Programme"	Research Institute, Ernakulam	

## Seminar/Conference/Symposium organized.

**International symposium** 

International Symposium on Recent Approaches in	Department of Post Graduate Studies and Research in Botany in	Online 4 th -5 th November 2020
Plant Taxonomy and	collaboration with KSHEC	
Ethnobotany (Organizing		
Secretary)		

## Organized following seminars as **Bhoomitrasena Coordinator:**

- 01. One day seminar on National Pollution Prevention Day (18/01/2019)
- 02. One day seminar on World Soil Day (28/01/2019)
- 03. One day seminar on World Wetland Day (02/02/2019)
- 04. One day seminar on Forest and Wildlife (20/11/2019)
- 05. Conducted One day seminar on World Soil Day. Constituted an award, 'Bhoomitra Award' for citizens who contribute towards conservation of rare species (05/12/2019)
- 06. Conducted One day seminar on World Wetland Day (11/02/2020)

### Paper presentations

### International

1	24 <sup>th</sup> Annual conference of IAAT and	Indian Association of Angiosperm	Bharathidasan University
	International conference on Trends	Taxonomy	Thiruchirappalli
	in Plant Systematics.	(IAAT)	
	"A study on few traditional mother		31st Oct- 2nd Nov 2014
	care plants used by the Ulladan		
	Tribal Community of Kerala State."		
2	International Symposium on Plant	Botanical Survey of India	BSI, Kolkatta
	Taxonomy and Ethnobotany		
	"Traditional Postpartum Maternal		13 <sup>th</sup> -14 <sup>th</sup> February 2020
	Care Practiced Amongst Ulladan		_
	Tribal Community"		

### **National**

1	National seminar on Ethnic	Sree Narayana College for	Kollam.
	Knowledge of Biological Resources	Women, Kollam.	28-29 August 2014
	in Contemporary Plant Sciences.		
	"A study on traditional post-delivery		
	medicated bath practiced among the		
	Ulladan		
	Tribal Community of Kerala"		
	XLII All India Botanical Conference	Indian Botanical Society and	University of
2	of the Indian Botanical Society and	University of Calicut	Calicut 6th -8th
-	National Symposium on 'Innovations		November 2019
	and Inventions in Plant Science		
	Research' "Kurukkumarunnu- A		
	unique nutritional post-delivery		
	medication practiced by the Ulladan		
	tribal community of		
	Kerala state"		

### **Invited Talks**

- 1. Invited lecture during environmental day celebrations for school children. Lecture on environment day celebrations as **Key speaker on 5**<sup>th</sup> **June,2014** at VHSS, Pallipad.
- 2. Invited lecture during environmental day celebrations for school children. Lecture on environment day celebrations as **Key speaker on 4**<sup>th</sup> **June,2016** at VHSS, Pallipad
- **3. Lecture** on Intellectual Property Rights on 20.10.2020 in the Short term course on 'Research Methodology for Science' (16-22 October, 2020) organized by the UGC-Human Resource Development Centre, Doctor Harisingh Gour Vishwavidyalaya, Sagar (MP).
- 4. Invited talk on Intellectual Property Rights at Virtual International Conference on Multidisciplinary Research Trends (VICMRT 2020) jointly organized by Nehru Yuva Kendra, Thiruvananthapuram and Sarovaram Center for the promotion of National Integration and Community Development, held on 21, 22 and 23 November 2020.