



# SANATANA DHARMA COLLEGE

## ALAPPUZHA

Affiliated to the University of Kerala  
Reaccredited by NAAC with A+ grade



CRITERION: 5

### **Student Support and Progression**

5.1.2

### **Capacity Enhancement Events**

- **Events – ICT Enabled**



## **Declaration**

This is to officially state that the following events associated with capacity enhancement (soft skills, language skills, life skills, I.T. – technology and Others) were conducted by the institution from the academic year 2018-19 to 2022-23.



*Prema*

**PRINCIPAL**

**Prof. (Dr.) PREMA K.H**  
**PRINCIPAL**  
**PEN 487693**  
**S D COLLEGE ALAPPUZHA**



# SANATANA DHARMA COLLEGE

## ALAPPUZHA

- 5.1.2 Following capacity development and skills enhancement activities are organised for improving students' capability
1. Soft skills
  2. Language and communication skills
  3. Life skills (Yoga, physical fitness, health and hygiene, self-employment and entrepreneurial skills)
  4. Awareness of trends in technology

### SUMMARY SHEET 5.1.2

Category	2022-23	2021-22	2020-21	2019-20	2018-19	Total
<b>Soft Skills</b>	1	11	11	17	15	55
<b>Language and Communication Skills</b>	2	1	4	0	2	9
<b>Life Skills</b>	36	41	17	14	15	123
<b>Awareness of Trends in Technology</b>	3	2	5	0	0	10
<b>Others</b>	4	3	4	2	2	15
<b>Total</b>	46	58	41	33	34	212
<b>Grand Total</b>						

Year	Name of the capacity development and skills enhancement program	Period (from date - to date)	Number of students enrolled	Name of the agencies/experts involved with contact details (if any)	Type of Activity
2022 - 23	<b>Commerce</b>				
	NSQF Certified Certificate Programme -Goods and Services Tax (Batch 2)	06-06-2022 to 18-04-2023	18	Department of Commerce	Others
	Meet The Entrepreneur Talk#24	22-07-2022	120	Shri.Kris Gopalakrishnan, Co-founder & former CEO, Infosys & Department of Commerce	Life Skills
	Dr.A Subramanian Memorial Quiz	12-08-2022	30	Department of Commerce	Others
	Satya Sai Seva Trust - Essay Writing Skills Competition	06-10-2022	162	Department of Commerce & Satya Sai Seva Trust, Alappuzha	Language Skills
	Brochure Designing Workshop	21-10-2022	50	Department of Commerce	Life Skills
	A Session on Online Stock Trading	16-12-2022	40	Mr. Saju R., Senior Manager, Geojith & Department of Commerce	<b>Technology</b>
	PANACEA - An Activity oriented Personality Development Programme	24-01-2023	126	Department of Commerce	Life Skills





# SANATANA DHARMA COLLEGE

## ALAPPUZHA

Meet The Entrepreneur Talk#25	25-01-2023	95	Shri.Balachandra Kiran,Managing Director, Bhima Jewellers and Department of Commerce	Life Skills
Meet The Entrepreneur Talk#26	07-02-2023	85	Shri. Shifas Salim,Proprietor,JSM Retail India and Department of Commerce	Life Skills
Meet The Entrepreneur Talk#27	24-02-2023	112	Shri.R Janardhanan, Managing Partner, Aiyappas and Department of Commerce	Life Skills
<b>English</b>				
I am Tech Savvy	08/08/2022 to 22/08/2022	34	Department of English and YCC	<b>Technology</b>
<b>Economics</b>				
Life skills Programme - Yoga	21-06-2022	25	Department of Economics and National Cadet Corps	Life Skills
Document preparation using Latex software	27-01-2023	126	Department of Economics and Planning Forum	<b>Technology</b>
<b>Microbiology</b>				
Blood group detection camp	23-06-2022	12	Department of Microbiology	Life Skills
Quality analysis of water (microbiological)	15-11-2022	30	Department of Microbiology	Life Skills
Hands on training in UV -Visible spectrophotometry	03-02-2023	20	Department of Microbiology	Life Skills
<b>Health Club</b>				
Anti Rabies Awareness - How to Prevent	28-09-2022	79	Dr. Viswakala, Assistant Professor, GTD Medical College (GTDMC), Alappuzha & Dr. Deepthi K, Deputy DMO, District Medical Office, Alappuzha and Health Club	Life Skills
Adolescence and Mental Health	10-10-2022	54	Dr. Biju Scaria, Director, Santhwanam Counseling Centre, Cherthala and Health Club	Life Skills
<b>National Cadet Corps</b>				
Puneeth Sagar Abhiyan - World Environment Day	05-06-2022	40	National Cadet Corps	Life Skills





# SANATANA DHARMA COLLEGE

## ALAPPUZHA

Yoga for humanity – International Yoga Day	21-06-2022	50	National Cadet Corps	Life Skills
Disaster Management Training – IRRAT	23-06-2022	40	National Cadet Corps	Life Skills
Nashamukt Bharat Abhiyan Drug Abuse Class	04-07-2022	45	National Cadet Corps	Life Skills
Ban of Single Use Plastics	16-07-2022	40	National Cadet Corps	Life Skills
Puneet Sagar Abhiyan	24-09-2022	40	National Cadet Corps	Life Skills
Anti Drug Awareness Campaign	13-10-2022	45	National Cadet Corps	Life Skills
Anti Narcotics Marathon	23-10-2022	45	National Cadet Corps	Life Skills
Anti Narcotics Campaign - Cycle rally	28-10-2022	40	National Cadet Corps	Life Skills
Anti Narcotics Awareness Campaign - Human Chain	01-11-2022	40	National Cadet Corps	Life Skills
Anti drugs rally	01-11-2022	50	National Cadet Corps	Life Skills
Class On Alternatives To Menstrual Napkins	10-11-2022	36	National Cadet Corps	Life Skills
Induction Program – Pratham Path	26 & 27/11/2022	60	National Cadet Corps	Life Skills
<b>National Service Scheme</b>				
Haritham @ Sanatanam	Since 12/02/2022	60	National Service Scheme	Life Skills
Aadharsham : Online Quiz Competition	06-04-2022	36	National Service Scheme	Others
Audio Speech Competition	06-04-2022	27	National Service Scheme	Soft Skills
Yoga Practice in association with NYK : International Yoga Day	21-06-2022	60	National Service Scheme	Life Skills
Digital Van Publicity Drive in connection with International Yoga Day	24-06-2022	45	National Service Scheme	Life Skills
Yoga Practice	16-05-2022	60	National Service Scheme	Life Skills
Lahari Virudha Prathinja	22-10-2022	65	National Service Scheme	Life Skills
Lahari Virudha Sandhesha Yathra	22-10-2022	64	National Service Scheme	Life Skills
Lahari Virudha Changala, Lahari Virudha Sadassu and Lahari Virudha Prathinja	01-11-2022	55	National Service Scheme	Life Skills
Aswathy - Lal Memorial Quiz	01-11-2022	38	National Service Scheme	Others
Unarvu 2022 - Disabled - Adalat	26-11-2022	30	National Service Scheme	Life Skills
Paper Pen Making	28/02/2023 - 03/03/2023	55	National Service Scheme	Life Skills
National Science Day	28-02-2023	60	National Service Scheme	Life Skills





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	Pravaham - Video Presentation : International Day for Action of Rivers	14-03-2023	50	National Service Scheme	Life Skills
	Online Debate Competition : International Transgender day of Visibility	31-03-2023	35	National Service Scheme	Language Skills
	<b>Commerce</b>				
	Meet The Entrepreneur Talk 1	17-07-2021	120	Sreenath Vishnu, MD of Brahmins Foods and Department of Commerce	Life Skills
	Meet The Entrepreneur Talk 2	24-07-2021	109	Dr.Jacob Crasta, CEO of CM Environ and Department of Commerce	Life Skills
	Meet The Entrepreneur Talk 3	27-07-2021	351	Padmashri Dr.M.A.Yusuff Ali, Founder of LuLu and Department of Commerce	Life Skills
	Dr.A Subramanian Memorial Quiz	05-08-2021	81	Department of Commerce	Others
	Meet The Entrepreneur Talk 4	07-08-2021	96	Smt. Sheela Kochouseph Chittilapilly, MD of V Star and Department of Commerce	Life Skills
2021-22	Meet The Entrepreneur Talk 5	08-08-2021	85	Smt. Vandana Suri, Founder of She Taxi and Department of Commerce	Life Skills
	Meet The Entrepreneur Talk 6	14-08-2021	116	Mehroof I Manalody, CEO of G-Tec	Life Skills
	Meet The Entrepreneur Talk 7 & 8	23-08-2021	136	Pazhayidom Mohanan Namboothiri & Yadu Pazhayidom, Owners of Pazhayidam Catering Services and Department of Commerce	Life Skills
	Meet The Entrepreneur Talk 9	22-09-2021	98	Vinod Manjilas, MD of Double Horse	Life Skills
	Meet The Entrepreneur Talk 10 & 11	03-10-2021	78	Kuruvila Jacob & Jeena Kuruvila, Prometers of Kelachandra Industries and Department of Commerce	Life Skills
	Meet The Entrepreneur Talk 12	09-10-2021	115	Mohammad Afsal Malabarwala, Founder of Galaxy Freight Pvt. Ltd and Department of Commerce	Life Skills

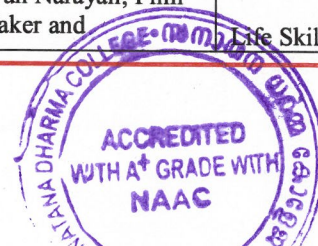




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## ALAPPUZHA

Meet The Entrepreneur Talk 13	24-10-2021	123	Smt. Saleena Beevi, Owner of Educasi Smile Global (OPC) Pvt. Ltd. and Department of Commerce	Life Skills
Induction Programme for B.Com 2021- 2024 Batch	28/10/2021 to 03/11/2021	132	Department of Commerce & Alumni	Soft Skills
Excel for Beginners - Students	06.11.2021 & 07.11.2021		MoU Activity with Saintgits & Loyalo College of Social Sciences and Department of Commerce	Technology
Meet The Entrepreneur Talk 14	07-11-2021	142	Anil S., Owner of A One Foods and Department of Commerce	Life Skills
Meet The Entrepreneur Talk 15	14-11-2021	121	Shri Zaffer Ameer, Owner of Sanchi Bags and Department of Commerce	Life Skills
Meet The Entrepreneur Talk 16	20-11-2021	110	Mr. Sujith Bhaktan, Social Media Influencer	Life Skills
Meet The Entrepreneur Talk 17	04-12-2021	109	M.Subair, Owner of Kream Korner and Department of Commerce	Life Skills
Meet The Entrepreneur Talk 18	17-12-2021	98	K.Chandramohan Nair, C & F Agencies of Sun Pharma and Department of Commerce	Life Skills
Meet The Entrepreneur Talk 19	18-12-2021	79	M.Jijimon Chandran, CEO Acsia Technologies and Department of Commerce	Life Skills
Meet The Entrepreneur Talk 20	08-01-2022	111	Dhanya V.R., MP of Wealth Plus Solutions and Department of Commerce	Life Skills
Meet The Entrepreneur Talk 21	23-02-2022	108	Usha Venkitesh, Founder of Brightland School and Department of Commerce	Life Skills
Meet The Entrepreneur Talk 22	26-02-2022	96	Raj Mehta, Founder of Greta and Department of Commerce	Life Skills
Meet The Entrepreneur Talk 23	19-03-2022	67	Arun Narayan, Film Maker and	Life Skills





# SANATANA DHARMA COLLEGE ALAPPUZHA

			Department of Commerce	
<b>Reviewing Literature and Managing References</b>	<b>5-4-2022</b>	<b>25</b>	<b>Researchers' Forum and Department of Commerce</b>	<b>Technology</b>
<b>Economics</b>				
Yoga - Session for Health	21.06.2021	9	Department of Economics in association with Chinmaya Mission and National Cadet Corps	Life Skills
<b>English</b>				
Recharging Capabilities- Enlivening Lives	01-07-2021	35	Department of English	Soft Skills
The Olympic News Desk - Capacity Building	16-08-2021 to 18-08-2021	16	Department of English and YCC	Life Skills
Meet The Icon	17-08-2021	56	Department of English and YCC	Life Skills
Being a Softskill Trainer: Scope and Challenges	29-09-2021	45	Department of English and YCC	Soft Skills
Evolution of Advertising in India (Online)	23-10-2021	52	Department of English and YCC	Soft Skills
Poster Making Competition	09-12-2021 to 15-12-2021	36	Department of English and YCC	Soft Skills
Induction programme for First Year Students	07-03-2022	110	Department of English	Soft Skills
<b>IQAC</b>				
Being a Professional in Life - Skills Needed (Induction)	13-11-2021	210	Smt. Saritha Iyer, Associate Professor in Business Administration, Ettumanoorappan College and IQAC	Soft Skills
<b>Physics</b>				
Digital Eye Strain -Talk	10-07-2021	143	Dr. Rani Balamurali (Medical Director, Amardeep Eye care, Kollam) with Health Club	Life Skills
Medical camp on Skin& Hair care	08-03-2022	85	Dr. Rehana Hameed, Serravia Skin & Haircare, Alappuzha	Life Skills
<b>National Cadet Corps</b>				
Environment Day	05-06-2021	30	National Cadet Corps	Life Skills
International Yoga Day	21-06-2021	25	National Cadet Corps	Life Skills
Cleaning Drive	10-10-2021	34	National Cadet Corps	Life Skills



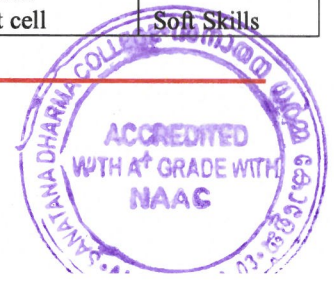




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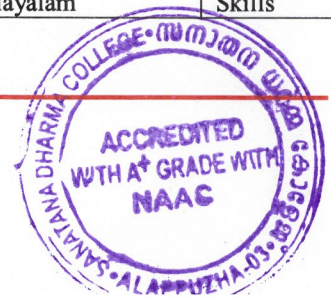
Awareness Class- Welfare of Senior Citizens	25-10-2021	30	National Cadet Corps	Life Skills
Puneeth Sagar Abhiyan	10-12-2021	40	National Cadet Corps	Life Skills
Puneeth Sagar Abhiyan	19-12-2021	40	National Cadet Corps	Life Skills
Puneeth Sagar Abhiyan	22-04-2022	45	National Cadet Corps	Life Skills
<b>National Service Scheme</b>				
Prana : To Know the Soul	05/06/2021 - 21/06/2021	50	National Service Scheme	Life Skills
Just Say No : Webinar on International Day against Drug Abuse	26-06-2021	55	National Service Scheme	Life Skills
Sportism 2021 : Webinar on the Future of Indian Sports	29-08-2021	50	National Service Scheme	Life Skills
Webinar on Career Development	25-09-2021	55	National Service Scheme	Soft Skills
Webinar on Career Guidance	26-09-2021	55	National Service Scheme	Soft Skills
Webinar on Covid and Heart Health	29-09-2021	60	National Service Scheme	Life Skills
Drop of Change : Essay Writing Competition	11-11-2021	40	National Service Scheme	Soft Skills
Ekam Thulyaneethikkayi	26-11-2021	55	National Service Scheme	Life Skills
Awareness class about Palliative Care	30-11-2021	50	National Service Scheme	Life Skills
Webinar on Human Rights	10-12-2021	50	National Service Scheme	Soft Skills
Interactive session with Cancer Survivors	04-02-2022	60	National Service Scheme	Life Skills
Haritham @ Sanatanam	Since 12/02/2022	55	National Service Scheme	Life Skills
Debate Competition	02/03/2022, 05/03/ 2022 & 08/03/ 2022	60	National Service Scheme	Language Skills
International Women's Day Celebration	08-03-2022	55	National Service Scheme	Others
Varnam : Quiz Competition	23-03-2022	50	National Service Scheme	Others
<b>Career Guidance and Placement Cell</b>				
CV Writing Workshop	06-08-2020	145	Mr. Cyriac Jose, Ms. Shino Abraham and Career Guidance and Placement Cell	Soft Skills
Ace the Interview	19-08-2020	75	Mr. Saneesh Varghese and Career guidance and placement cell	Soft Skills
Excel in GD	21-08-2020	110	Dr. Elizabet Dominic, Career guidance and placement cell	Soft Skills





# SANATANA DHARMA COLLEGE ALAPPUZHA

<b>Design a Brochure</b>	03-10-2020	110	Mr. Jithu Sreekumar, Alumnus and Career guidance and placement cell	<b>Technology</b>
A Webinar on the Post COVID Era and the Opportunities across the Globe	07-12-2020	35	GeeBee Education	Life Skills
<b>Civil Service Club</b>				
How to crack Civil Service Exam	28-09-2020	95	Civil Service Club	Soft Skills
<b>Commerce</b>				
Dr.A Subramanian Memorial Quiz	05-08-2020	26	Department of Commerce	Others
<b>Commodity derivatives</b>	14-08-2020	45	SEBI and Department of Commerce	<b>Technology</b>
How to apply for Passports - Online Training Programme	04-09-2020	15	Department of Commerce & IQAC with Passport Seva Kendra (Mr. Ramesh Nampoothiri, Officer of TCS)	Soft Skills
<b>Block Chain - Current Challenges &amp; Future Prospects</b>	26-09-2020	114	Prof. Vithal Sukthankar, GIM and Department of Commerce	<b>Technology</b>
<b>Symposium on Online Stock Trading</b>	08-10-2020	103	Mr. Neel Mohan, Channel Sales Partner of Geojit Pvt. Ltd. & Department of Commerce	<b>Technology</b>
<b>Online Trading Skills - An Introduction</b>	14-11-2020	20	Mr. Nair Manish Mani & Department of Commerce	<b>Technology</b>
<b>English</b>				
Careers in English	26-08-2020	160	Mr.Senthil Kumar Madhavan, Senior Trainer, C-DIT, TVM	Soft Skills
<b>Health Club</b>				
Webinar - Passing through the Pandemic	16-10-2020	57	Dr. Shuba Satchitanand, Asst. Professor of Psychology, M.G. College, Trivandrum and Health Club	Life Skills
<b>Physical Education</b>				
Seminar on Attaining Health & Wellness Through Physical Activities	13-03-2021	77	Department of Physical Education & Dr. Parameswaran	Life Skills
<b>Malayalam</b>				
Saibana - (E -Reading) Reading Group for encouraging reading of stories, poetry & discussion	20-06-2020	86	Department of Malayalam	Language Skills





# SANATANA DHARMA COLLEGE

## ALAPPUZHA

International Webinar on Heritage & Value of Knowledge Management	01-08-2020	100	Dr. Umesh Neelakantan, President, Blue Crest University, Liberia and Career guidance and placement cell	Life Skills
Webinar on Prospects for Higher Education in Social Science	11-11-2020	71	Department of History & Department of Economics	Soft Skills
<b>National Cadet Corps</b>				
International Yoga Day	21-06-2020	30	National Cadet Corps	Life Skills
Fit- India Drive		25	National Cadet Corps	Life Skills
Gandhi Jayanthi Cleaning Initiative for Health	02-10-2020	35	National Cadet Corps	Life Skills
Breast Cancer Awareness Webinar	31-10-2020	40	National Cadet Corps	Life Skills
Aids Day	01-12-2020	36	National Cadet Corps	Life Skills
<b>Induction Program</b>				
Induction Program	23-01-2021	40	National Cadet Corps	Life Skills
Pathiramanal Island Cleaning	12-02-2021	40	National Cadet Corps	Life Skills
Cleaning Drive	26-03-2021	38	National Cadet Corps	Life Skills
<b>National Service Scheme</b>				
IGOT Training	21-04-2020	100	National Service Scheme	Soft Skills
Essay Writing Competition	27-07-2020	35	National Service Scheme	Language Skills
Quiz on Nature Conservation Day	27-07-2020	25	National Service Scheme	Others
Short Story Writing Competition on Nagasaki Day	09-08-2020	30	National Service Scheme	Language Skills
Disaster Management Training	13-10-2020	50	National Service Scheme	Soft Skills
Essay Writing Competition & Unity Pledge	31-10-2020	35	National Service Scheme	Language Skills
Talking Hand Campaign	07-11-2020	60	National Service Scheme	Soft Skills
Quiz Competition	14-11-2020	30	National Service Scheme	Others
State Level Webinar on Skill Development	30-11-2020	55	National Service Scheme	Soft Skills
Youth for Development	02/12/2020 to 09/12/2020	45	National Service Scheme	Life Skills
Webinar on Mental Health and Pre-marital Counseling	15-01-2021	54	National Service Scheme	Life Skills
Traffic Awareness Week	16-01-2021	60	National Service Scheme	Life Skills
Making of College Garden	22-01-2021	43	National Service Scheme	Life Skills

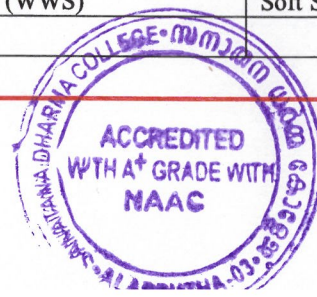




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	Big Science : Online Quiz Competition	01-03-2021	26	National Service Scheme	Others
	Care and Cure : Palliative Care Awareness Class	03-03-2021	55	National Service Scheme	Life Skills
2019-20	<b>Commerce</b>				
	NSQF Certified Certificate Programme -Goods and Services Tax (Batch 1)	10.02.2020 to 05.08.2020	22	Department of Commerce	Others
	Dr.A Subramanian Memorial Quiz	05.08.2019	40	Department of Commerce	Others
	<b>Walk With a Scholar</b>				
	Mentoring (Book Review)	19-10-2019	20	Walk With a Scholar (WWS) (for 1st years)	Soft Skills
	Mentoring (Constitution)	19-10-2019	30	Walk With a Scholar (WWS) (for 1st years)	Soft Skills
	Mentoring (Scientific temper)	26-10-2019	30	Walk With a Scholar (WWS) (for 1st years)	Soft Skills
	Mentoring (Meet the Expert)	26-10-2019	30	Walk With a Scholar (WWS) (for 1st years)	Soft Skills
	Mentoring (Art & Self-Development)	02-11-2019	30	Walk With a Scholar (WWS) (for 1st years)	Soft Skills
	Mentoring (Meet the Expert)	02-11-2019	30	Walk With a Scholar (WWS) (for 1st years)	Soft Skills
	Mentoring (Self-Awareness)	30-11-2019	30	Walk With a Scholar (WWS) (for 1st years)	Soft Skills
	Mentoring (Review a Journal article)	26-10-2019	30	Walk With a Scholar (WWS) (for 2nd years)	Soft Skills
	Mentoring (Environment Sensitisation)	26-10-2019	30	Walk With a Scholar (WWS) (for 2nd years)	Soft Skills
	Mentoring (Soft Skills, Presentation Skills etc.)	16-11-2019	30	Walk With a Scholar (WWS) (for 2nd years)	Soft Skills
	Mentoring (Environment Sensitisation)	16-11-2019	30	Walk With a Scholar (WWS) (for 2nd years)	Soft Skills
	Mentoring (Internal)	04/10/2019 to 20/12/2019	8	Walk With a Scholar (WWS) (for 2nd years)	Soft Skills
	Mentoring (Gender Sensitization)	19-10-2019	20	Walk With a Scholar (WWS)	Soft Skills
	Mentoring (Soft skills and presentation skills)	16-11-2019	20	Walk With a Scholar (WWS)	Soft Skills
	Mentoring (How to review a journal article)	23-11-2019	20	Walk With a Scholar (WWS)	Soft Skills
	Mentoring (Environment sensitization)	04-01-2020	20	Walk With a Scholar (WWS)	Soft Skills
	<b>Scholar Support Programme</b>				

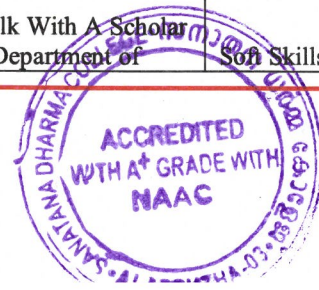




# SANATANA DHARMA COLLEGE

## ALAPPUZHA

	Sessions on Life Skills & Soft Skills: Internal & External Mentoring (120 sessions)	30/11/2019 to 16/12/2019	40	Scholar Support Programme (Govt. of Kerala)	Soft Skills
	<b>Health Club</b>				
	Awareness class on "Tobacco Hazards and COTPA Act" and " Non-communicable Diseases with emphasis on cancer Preventions	10-01-2020	86	Health Club	Life Skills
	Mental Health and Life Skill Training	16-12-2019	42	Health Club	Life Skills
	Yoga Class	30-09-2019	83	Health Club	Life Skills
	<b>National Cadet Corps</b>				
	International Yoga Day	21-06-2020	50	National Cadet Corps	Life Skills
	Mega Swatchata Pakhwada	30-08-2020	56	National Cadet Corps	Life Skills
	Swatchata Pakhwada Cleaning Drive	17-09-2020	45	National Cadet Corps	Life Skills
	Gandhi Jayanthi Cleaning Initiative for Health	02-10-2020	50	National Cadet Corps	Life Skills
	Anti-Drug Awareness Campaign	17-11-2020	60	National Cadet Corps	Life Skills
	Plogging	07-12-2020	50	National Cadet Corps	Life Skills
	Swatchata Pakhwada Cleaning Drive	08-12-2020	50	National Cadet Corps	Life Skills
	<b>National Service Scheme</b>				
	Self Defense Class	01-09-2019	40	National Service Scheme	Life Skills
	STERN	02/09/2019	45	National Service Scheme	Life Skills
	Residential Leadership Training Program	14/11/2019 – 16/11/2019	40	National Service Scheme	Life Skills
2018 – 2019	<b>Commerce</b>				
	Mentoring (Creative Writing)	19-01-2019	50	Walk With A Scholar & Department of Commerce	Soft Skills
	Mentoring (Communication Skills)	19-01-2019	50	Walk With A Scholar & Department of Commerce	Soft Skills
	Mentoring (Yoga)	19-01-2019	50	Walk With A Scholar & Department of Commerce	Soft Skills
	Mentoring (Emotional Intelligence)	02-02-2019	30	Walk With A Scholar & Department of Commerce	Soft Skills
	Mentoring (GD & Interview Skills)	07-02-2019	50	Walk With A Scholar & Department of Commerce	Soft Skills
	Mentoring (Emotional Intelligence)	11-02-2019	30	Walk With A Scholar & Department of Commerce	Soft Skills
	Mentoring (Mental Health)	13-02-2019	30	Walk With A Scholar & Department of Commerce	Soft Skills
	Mentoring (Creative Thinking)	19-02-2019	50	Walk With A Scholar & Department of Commerce	Soft Skills
	Mentoring (Communication Skills)	20-02-2019	50	Walk With A Scholar & Department of Commerce	Soft Skills

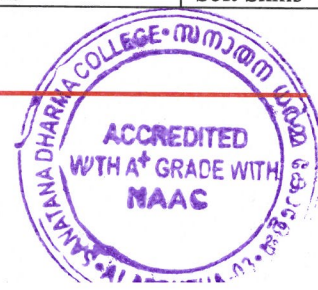




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## ALAPPUZHA

			Commerce	
Mentoring (Know Yourself; Personality Development)	23-02-2019	18	Walk With A Scholar & Department of Commerce	Soft Skills
Motivational Tour	23-03-2019	30	Walk With A Scholar & Department of Commerce	Soft Skills
<b>Scholar Support Programme</b>				
Sessions on Life Skills & Soft Skills: Internal & External Mentoring (120 sessions)	12-10-2018 to 16-02-2019	40	Scholar Support Programme (Govt. of Kerala)	Soft Skills
<b>National Cadet Corps</b>				
International Yoga Day	21-06-2018	30	National Cadet Corps	Life Skills
Anti Drugs and Anti Tobacco Day	26-06-2018	35	National Cadet Corps	Life Skills
Voters Awareness Program (SWEEP)	07-11-2018	30	National Cadet Corps	Life Skills
Swatchata Pakhwada Cleaning Drive	15-12-2018	40	National Cadet Corps	Life Skills
Nature Education and Trekking Camp-Vallakadavu	25-02-2019 to 27-02-2019	35	National Cadet Corps	Life Skills
<b>National Service Scheme</b>				
Positivity & Meditation	12-06-2018	60	National Service Scheme	Soft Skills
Swachh Bharat Internship Programme	16-06-2018	50	National Service Scheme	Life Skills
International Yoga Day Celebration	21-06-2018	55	National Service Scheme	Life Skills
Poster designing Competition	25-06-2018	60	National Service Scheme	Life Skills
Traffic Training	27-06-2018	60	National Service Scheme	Life Skills
Essay Competition	10-07-2018	50	National Service Scheme	Language Skills
Blood Donation Awareness Class	10-08-2018	55	National Service Scheme	Life Skills
Solid Waste Management Survey & Plastic Waste Collection	12-08-2018	50	National Service Scheme	Life Skills
Medical Camp & Awareness	27-08-2018	60	National Service Scheme	Life Skills
Disease Surveillance Survey Training Survey	07-09-2018	45	National Service Scheme	Soft Skills
Aswathy - Lal Memorial Quiz Competition	24-09-2018	45	National Service Scheme	Others
Training Programme	07-11-2018	50	National Service Scheme	Life Skills
Speak For India	10-11-2018	40	National Service Scheme	Soft Skills





# SANATANA DHARMA COLLEGE

## ALAPPUZHA

Training & Cleaning For State School Youth Festival	04/12/2018 - 06/12/2018	50	National Service Scheme	Life Skills
Quiz Competition	05-01-2019	45	National Service Scheme	Others
Debate Competition	25-01-2019	45	National Service Scheme	Language Skills
First Aid Training Programme	15/03/2019	50	National Service Scheme	Life Skills

