

#### SANATANA DHARMA COLLEGE

#### **ALAPPUZHA**

Affiliated to the University of Kerala Reaccredited by NAAC with A+ grade



**Student Support and Progression** 

5.1.2

#### Capacity Enhancement Event

Events – Skill Enhancements

#### **Declaration**

This is to officially state that the following events associated with capacity enhancement (soft skills, language skills, life skills, I.T. – technology and Others) were conducted by the institution from the academic year 2018-19 to 2022-23.

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PRINCIPAL
Prof. (Dr.) PREMA K.H
PRINCIPAL
PEN 407693
SD COLLEGE ALAPPUZHA



- 5.1.2 Following capacity development and skills enhancement activities are organised for improving students' capability
- 1. Soft skills
- 2. Language and communication skills
- 3. Life skills (Yoga, physical fitness, health and hygiene, self-employment and entrepreneurial skills)
- 4. Awareness of trends in technology

#### **SUMMARY SHEET 5.1.2**

Category	2022-23	2021-22	2020-21	2019-20	2018-19	Total
Soft Skills	1	11	11	17	15	55
Language and Communication Skills	2	1	4	0	2	9
Life Skills	36	41	17	14	15	123
Awareness of Trends in Technology	3	2	5	0	0	10
Others	4	3	4	2	2	15
Total	46	58	41	33	34	
<b>Grand Total</b>						212

Year	Name of the capacity development and skills enhancement program	Period (from date - to date)	Number of students enrolled	Name of the agencies/experts involved with contact details (if any)	Type of Activity
	Commerce				
	NSQF Certified Certificate Programme - Goods and Services Tax (Batch 2)	06-06-2022 to 18-04-2023	18	Department of Commerce	Others
	Meet The Entrepreneur Talk#24	22-07-2022	120	Shri.Kris Gopalakrishnan, Cofounder & former CEO, Infosys & Department of Commerce	Life Skills
2022 –	Dr.A Subramanian Memorial Quiz	12-08-2022	30	Department of Commerce	Others
23	Satya Sai Seva Trust - Essay Writing Skills Competition	06-10-2022	162	Department of Commerce & Satya Sai Seva Trust, Alappuzha	Language Skills
	Brochure Designing Workshop	21-10-2022	50	Department of Commerce	Life Skills
	A Session on Online Stock Trading	16-12-2022	40	Mr. Saju R., Senior Manager, Geojith & Department of Commerce	Technology
	PANACEA - An Activity oriented Personality Development Programme	24-01-2023	126	Department of Commerce	Life Skills





			Shri.Balachandra Kiran,Managing Director, Bhima Jewellers and Department of	
Meet The Entrepreneur Talk#25	25-01-2023	95	Commerce	Life Skills
Meet The Entrepreneur Talk#26	07-02-2023	85	Shri. Shifas Salim,Proprietor,JSM Retail India and Department of Commerce	Life Skills
		110	Shri.R Janardhanan, Managing Partner, Aiyappas and Department of	V. S. Chille
Meet The Entrepreneur Talk#27	24-02-2023	112	Commerce	Life Skills
English				
I am Tech Savvy	08/08/2022 to 22/08/2022	34	Department of English and YCC	Technology
Economics				
	21.06.2022	25	Department of Economics and National Cadet Corps	Life Skills
Life skills Programme - Yoga	21-06-2022		Department of	Life Skills
Document preparation using Latex software	27-01-2023	126	Economics and Planning Forum	Technology
Microbiology				
Blood group detection camp	23-06-2022	12	Department of Microbiology	Life Skills
Quality analysis of water (microbiological)	15-11-2022	30	Department of Microbiology	Life Skills
Hands on training in UV -Visible spectrophotometry	03-02-2023	20	Department of Microbiology	Life Skills
Health Club			D 17 1 1	
			Dr. Viswakala, Assistant Professor, GTD Medical College (GTDMC), Alappuzha & Dr. Deepthi K, Deputy DMO, District Medical Office, Alappuzha and	I ic. Chille
Anti Rabies Awareness - How to Prevent	28-09-2022	79	Health Club Dr. Biju Scaria,	Life Skills
	10.10.2022	54	Director, Santhwanam Counseling Centre, Cherthala and Health	Life Skills
Adolescence and Mental Health	10-10-2022	54	Club	Life Skills
National Cadet Corps				
Puneeth Sagar Abhiyan - World Environment Day	05-06-2022	40	National Cadet Corps	Life Skills





Yoga for humanity – International Yoga				
Day	21-06-2022	50	National Cadet Corps	Life Skills
Disaster Management Training – IRRAT	23-06-2022	40	National Cadet Corps	Life Skills
Nashamukt Bharat Abhiyan Drug Abuse				3
Class	04-07-2022	45	National Cadet Corps	Life Skills
Ban of Single Use Plastics	16-07-2022	40	National Cadet Corps	Life Skills
Puneet Sagar Abhiyan	24-09-2022	40	National Cadet Corps	Life Skills
Anti Drug Awareness Campaign	13-10-2022	45	National Cadet Corps	Life Skills
Anti Narcotics Marathon	23-10-2022	45	National Cadet Corps	Life Skills
Anti Narcotics Campaign - Cycle rally	28-10-2022	40	National Cadet Corps	Life Skills
Anti Narcotics Awareness Campaign -				
Human Chain	01-11-2022	40	National Cadet Corps	Life Skills
Anti drugs rally	01-11-2022	50	National Cadet Corps	Life Skills
Class On Alternatives To Menstrual	VI II LULL	30	Trational Cadet Corps	Life BRITIS
Napkins	10-11-2022	36	National Cadet Corps	Life Skills
		30	National Cadet Corps	Life Skills
Induction Program – Pratham Path	26 & 27/11/2022	60	National Cadet Corps	Life Skills
	2 // 1 1/ 2022	00	National Cadet Corps	Life Skills
National Service Scheme				
Haritham @ Sanatanam	Since		National Service	
	12/02/2022	60	Scheme	Life Skills
		7	National Service	*
Aadharsham: Online Quiz Competition	06-04-2022	36	Scheme	Others
Audio Speech Competition	06-04-2022	27	National Service Scheme	Soft Skills
~	00 01 2022	2,		Soft BRITIS
Yoga Practice in association with NYK: International Yoga Day	21-06-2022	60	National Service Scheme	Life Skills
	21-00-2022	00		LHE SKIIIS
Digital Van Publicity Drive in	24.06.2022	45	National Service	T 'C CI 'II
connection with International Yoga Day	24-06-2022	45	Scheme National Service	Life Skills
Yoga Practice	16-05-2022	60	Scheme	Life Skills
			National Service	
Lahari Virudha Prathinja	22-10-2022	65	Scheme National Service	Life Skills
Lahari Virudha Sandhesha Yathra	22-10-2022	64	Scheme	Life Skills
Lahari Virudha Changala, Lahari				
Virudha Sadassu and Lahari Virudha Prathinja	01 11 2022	E E	National Service	T : Co C1-:11-
	01-11-2022	55	Scheme National Service	Life Skills
Aswathy - Lal Memorial Quiz	01-11-2022	38	Scheme	Others
Unama 2022 Disabled Addition	26 11 2022	20	National Service	Tic city
Unarvu 2022 - Disabled - Adalat	26-11-2022	30	Scheme	Life Skills
	28/02/2023 -		National Service	
Paper Pen Making	03/03/2023	55	Scheme National Service	Life Skills
National Science Day	28-02-2023	60	Scheme	Life Skills
Pravaham - Video Presentation :				
International Day for Action of Rivers	14-03-2023	50	National Service Scheme	Life Skills
	17-03-2023	30	Belletile	MILE DKIIIS

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	Online Debate Competition : International Transgender day of Visibility	31-03-2023	35	National Service Scheme	Language Skills
	Commerce				Diffic
				Sreenath Vishnu, MD of Brahmins Foods and Department of	
	Meet The Entrepreneur Talk 1	17-07-2021	120	Commerce	Life Skills
	Meet The Entrepreneur Talk 2	24-07-2021	109	Dr.Jacob Crasta, CEO of CM Environ and Department of Commerce	Life Skills
	Meet The Entrepreneur Talk 3	27-07-2021	351	Padmashri Dr.M.A.Yusuff Ali, Founder of LuLu and Department of Commerce	Life Skills
	Dr.A Subramanian Memorial Quiz	05-08-2021	81	Department of Commerce	Others
		07-08-2021	•	Smt. Sheela Kochouseph Chittilapilly, MD of V Star and Department of	
	Meet The Entrepreneur Talk 4		96	Commerce	Life Skills
	Meet The Entrepreneur Talk 5	08-08-2021	85	Smt. Vandana Suri, Founder of She Taxi and Department of Commerce	Life Skills
2021-22	Meet The Entrepreneur Talk 6	14-08-2021	116	Mehroof I Manalody, CEO of G-Tec	Life Skills
				Pazhayidom Mohanan Namboothiri& Yadu Pazhayidom, Owners of Pazhayidam Catering Services and Department of	
	Meet The Entrepreneur Talk 7 & 8	23-08-2021	136	Commerce	Life Skills
	Meet The Entrepreneur Talk 9	22-09-2021	98	Vinod Manjilas, MD of Double Horse	Life Skills
		03-10-2021		Kuruvila Jacob & Jeena Kuruvila, Prometers of Kelachandra Industries and Department of	
	Meet The Entrepreneur Talk 10 & 11		78	Commerce	Life Skills
	Mark The French Control of the Contr	09-10-2021		Mohammad Afsal Malabarwala, Founder of Galaxy Freight Pvt. Ltd.and Department of	
	Meet The Entrepreneur Talk 12	24-10-2021	115	Commerce Smt. Saleena Beevi, Owner of Educasi Smile Global (OPC)	Life Skills
	Meet The Entrepreneur Talk 13		123	Pvt. Ltd. and	Life Skills



			Department of Commerce	
Induction Programme for B.Com 2021- 2024 Batch	28/10/2021 to 03/11/2021	132	Department of Commerce & Alumni	Soft Skills
8			MoU Activity with Saintgits & Loyalo College of Social	
Excel for Beginners - Students	06.11.2021 & 07.11.2021		Sciences and Department of Commerce	Technology
Most The Entreprenous Tells 14	07-11-2021	142	Anil S., Owner of A One Foods and Department of	1:6:01:11
Meet The Entrepreneur Talk 14		142	Commerce Shri Zaffer Ameer,	Life Skills
Mart The Potentian Tall 15	14-11-2021	101	Owner of Sanchi Bags and Department	T ' C CI ''I
Meet The Entrepreneur Talk 15		121	of Commerce Mr. Sujith Bhaktan,	Life Skills
Meet The Entrepreneur Talk 16	20-11-2021	110	Social Media Influencer	Life Skills
The Emelphone Tun 10		110	M.Subair, Owner of	Life DRIIIS
	04-12-2021		Kream Korner and Department of	
Meet The Entrepreneur Talk 17		109	Commerce	Life Skills
	17-12-2021		K.Chandramohanan Nair, C & F Agencies of Sun Pharma and Department of	
Meet The Entrepreneur Talk 18		98	Commerce	Life Skills
Meet The Entrepreneur Talk 19	18-12-2021	79	M.Jijimon Chandran, CEO Acsia Technologies and Department of Commerce	Life Skills
Meet The Entrepreneur Talk 20	08-01-2022	111	Dhanya V.R., MP of Wealth Plus Solutions and Department of Commerce	Life Skills
200 And Date optonion 1 die 20		111	Usha Venkitesh,	LITE DKIIIS
	23-02-2022		Founder of Brightland School and Department of	
Meet The Entrepreneur Talk 21		108	Commerce Raj Mehta, Founder	Life Skills
	26-02-2022		of Greta and Department of	
Meet The Entrepreneur Talk 22		96	Commerce Arun Narayan, Film	Life Skills
	19-03-2022		Maker and Department of	
Meet The Entrepreneur Talk 23		67	Commerce	Life Skills





Reviewing Literature and Managing References	5-4-2022	25	Researchers' Forum and Department of Commerce	Technology
Economics				1 8.15
Yoga - Session for Health	21.06.2021	9	Department of Economics in association with Chinmaya Mission and National Cadet Corps	Life Skills
English	21.00.2021		Corps	Life Dailis
Recharging Capabilities- Enlivening Lives	01-07-2021	35	Department of English	Soft Skills
The Olympic News Desk - Capacity Building	16-08-2021 to 18-08-2021	16	Department of English and YCC	Life Skills
Meet The Icon	17-08-2021	56	Department of English and YCC	Life Skills
Being a Softskill Trainer: Scope and Challenges Evolution of Advertising in India	29-09-2021	45	Department of English and YCC Department of	Soft Skills
(Online)	23-10-2021	52	English and YCC	Soft Skills
Poster Making Competition	09-12-2021 to 15-12-2021	36	Department of English and YCC	Soft Skills
Induction programme for First Year Students	07-03-2022	110	Department of English	Soft Skills
IQAC				
Being a Professional in Life - Skills Needed (Induction)	13-11-2021	210	Smt. Saritha Iyer, Associate Professor in Business Administration, Ettumanoorappan College and IQAC	Soft Skills
Physics				
Digital Eye Strain -Talk	10-07-2021	143	Dr. Rani Balamurali (Medical Director, Amardeep Eye care, Kollam) with Health Club	Life Skills
Medical camp on Skin& Hair care	08-03-2022	85	Dr. Rehana Hameed, Serravia Skin & Haircare, Alappuzha	Life Skills
National Cadet Corps	00 03 2022		Timitomo, riiappuziia	Zile Brills
Environment Day	05-06-2021	30	National Cadet Corps	Life Skills
International Yoga Day	21-06-2021	25	National Cadet Corps	Life Skills
Cleaning Drive	10-10-2021	34	National Cadet Corps	Life Skills
Awareness Class- Welfare of Senior Citizens	25-10-2021	30	National Cadet Corps	Life Skills
	23-10-2021	30	Trational Cauci Corps	LHC SKIIIS



	Puneeth Sagar Abhiyan	19-12-2021	40	National Cadet Corps	Life Skills
	Puneeth Sagar Abhiyan	22-04-2022	45	National Cadet Corps	Life Skills
	National Service Scheme		3		
	Prana: To Know the Soul	05/06/2021 - 21/06/2021	50	National Service Scheme	Life Skills
	Just Say No: Webinar on International Day against Drug Abuse	26-06-2021	55	National Service Scheme	Life Skills
	Sportism 2021 : Webinar on the Future of Indian Sports	29-08-2021	50	National Service Scheme	Life Skills
	Webinar on Career Development	25-09-2021	55	National Service Scheme	Soft Skills
	Webinar on Career Guidance	26-09-2021	55	National Service Scheme	Soft Skills
	Webinar on Covid and Heart Health	29-09-2021	60	National Service Scheme	Life Skills
	Drop of Change : Essay Writing Competition	11-11-2021	40	National Service Scheme	Soft Skills
	Ekam Thulyaneethikkayi	26-11-2021	55	National Service Scheme	Life Skills
	Awareness class about Palliative Care	30-11-2021	50	National Service Scheme National Service	Life Skills
	Webinar on Human Rights Interactive session with Cancer	10-12-2021	50	Scheme National Service	Soft Skills
	Survivors	04-02-2022	60	Scheme	Life Skills
	Haritham @ Sanatanam	Since 12/02/2022	55	National Service Scheme	Life Skills
	Debate Competition	02/03/2022, 05/03/ 2022 & 08/03/ 2022	60	National Service Scheme	Language Skills
	International Women's Day Celebration	08-03-2022	55	National Service Scheme	Others
	Varnam : Quiz Competition	23-03-2022	50	National Service Scheme	Others
	Career Guidance and Placement Cell				
				Mr. Cyriac Jose, Ms. Shino Abraham and Career Guidance and	
	CV Writing Workshop	06-08-2020	145	Placement Cell Mr. Saneesh Varghese and Career	Soft Skills
020-21	Ace the Interview	19-08-2020	75	guidance and placement cell Dr. Elizabet	Soft Skills
	Excel in GD	21-08-2020	110	Dominic, Career guidance and placement cell	Soft Skills
	LAVEI III OD	21-00-2020	110	Mr. Jithu Sreekumar, Alumnus and Career guidance and	SOIL SKIIIS
	Design a Brochure	03-10-2020	110	placement cell	Technology

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1		1	1		
	A Webinar on the Post COVID Era and				
1	the Opportunities across the Globe	07-12-2020	35	GeeBee Education	Life Skills
	Civil Service Club	1919/12/11/19			
]	How to crack Civil Service Exam	28-09-2020	95	Civil Service Club	Soft Skills
	Commerce				
				Department of	
1	Dr.A Subramanian Memorial Quiz	05-08-2020	26	Commerce	Others
				SEBI and	
	Commodity derivatives	14-08-2020	45	Department of Commerce	Technology
		1.002020	15	Department of	recimionogy
				Commerce & IQAC	
				with Passport Seva	
1	How to apply for Passports - Online			Kendra (Mr. Ramesh Nampoothiri, Officer	
	Fraining Programme	04-09-2020	15	of TCS)	Soft Skills
				Prof. Vithal	DOIT DAINS
.				Sukthankar, GIM and	
	Block Chain - Current Challenges & Future Prospects	26.00.2020	114	Department of	Tashuala
1	Future Prospects	26-09-2020	114	Commerce Mr. Neel Mohan,	Technology
				Channel Sales	
				Partner of Geojit Pvt.	
				Ltd. & Department of	
2	Symposium on Online Stock Trading	08-10-2020	103	Commerce	Technology
				Mr. Nair Manish Mani & Department	
(	Online Trading Skills - An Introduction	14-11-2020	20	of Commerce	Technology
	English				- O,
1				Mr.Senthil Kumar	
				Madhavan, Senior	
1	Careers in English	26-08-2020	160	Trainer, C-DIT,	0 0 01 111
		20-08-2020	100	TVM	Soft Skills
1	Health Club			Dr. Shuba	
				Satchitanand, Asst.	
				Professor of	
				Psychology, M.G.	
v	Vebinar - Passing through the Pandemic	16 10 2020	67	College, Trivandrum	T ' C C1 ' 11
		16-10-2020	57	and Health Club	Life Skills
F	Physical Education			Department of	
S	eminar on Attaining Health & Wellness			Department of Physical Education &	
	hrough Physical Activities	13-03-2021	77	Dr. Parameswaran	Life Skills
N	/Ialayalam		No.		
	aibana - (E -Reading) Reading Group	1,200			
	or encouraging reading of stories,	20.06.2020	0.0	Department of	Language
	oetry & discussion	20-06-2020	86	Malayalam Dr. Umesh	Skills
(	Commerce			Neelakantan,	
				President, Blue Crest	
	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1			University, Liberia	
	nternational Webinar on Heritage & Value of Knowledge Management	01.09.2020	100	and Career guidance	T : C- C1-111
V	and of Knowledge Management	01-08-2020	100	and placement cell	Life Skills





2019-20

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-	History & IgAC	1	1		
				Department of	
	Webinar on Prospects for Higher			History & Department of	
	Education in Social Science	11-11-2020	71	Economics	Soft Skills
	National Cadet Corps				
1	International Yoga Day	21-06-2020	30	National Cadet Corps	Life Skills
	Fit- India Drive		25	National Cadet Corps	Life Skills
	Gandhi Jayanthi Cleaning Initiative for			Trational Cauci Corps	Life Skills
	Health	02-10-2020	35	National Cadet Corps	Life Skills
	Breast Cancer Awareness Webinar	31-10-2020	40	National Cadet Corps	
	Aids Day	01-12-2020	36	National Cadet Corps	Life Skills
		01 12 2020	30	National Cadet Corps	Life Skills
	Induction Program	23-01-2021	40	National Cadat Came	T 'C C1 '''
	Pathiramanal Island Cleaning	12-02-2021	40	National Cadet Corps	Life Skills
	Cleaning Drive	26-03-2021		National Cadet Corps	Life Skills
	National Service Scheme	20-03-2021	38	National Cadet Corps	Life Skills
t				National Service	
L	IGOT Training	21-04-2020	100	Scheme	Soft Skills
	Essay Writing Competition				
L	Essay Witting Competition	27-07-2020	35	National Service Scheme	Language Skills
	Quiz on Nature Conservation Day			National Service	SKIIIS
-		27-07-2020	25	Scheme	Others
	Short Story Writing Competition on			National Service	Language
H	Nagasaki Day	09-08-2020	30	Scheme	Skills
	Disaster Management Training	13-10-2020	50	National Service	
- 1	Essay Writing Competition & Unity	13-10-2020	30	Scheme	Soft Skills
	Pledge	21 10 2020		National Service	Language
+	T. II	31-10-2020	35	Scheme National Service	Skills
L	Falking Hand Campaign	07-11-2020	60	Scheme Service	Soft Skills
(	Quiz Competition			National Service	BOIL BRITIS
$\vdash$	3 2 2	14-11-2020	30	Scheme	Others
	State Level Webinar on Skill Development			National Service	
F	эсчегоринен	30-11-2020	55	Scheme	Soft Skills
		02/12/2020 to		National Service	
1	Youth for Development	09/12/2020	45	Scheme	Life Skills
1	Webinar on Mental Health and Pre-			National Service	
n	narital Counseling	15-01-2021	54	Scheme	Life Skills
T	raffic Awareness Week			National Service	Life DRIIIs
-		16-01-2021	60	Scheme	Life Skills
N	Making of College Garden	22-01-2021	43	National Service Scheme	Life Chill-
			43	National Service	Life Skills
	Big Science : Online Quiz Competition	01-03-2021	26		Others
	dare and Cure : Palliative Care			National Service	
A	wareness Class	03-03-2021	55		Life Skills
C	ommerce				VERW.
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NSQF Certified Certificate Programme -	10.02.2020 to		Department of	
Goods and Services Tax (Batch 1)	05.08.2020	22	Commerce	Others
	07.00.0010	40	Department of	0.1
Dr.A Subramanian Memorial Quiz	05.08.2019	40	Commerce	Others
Walk With a Scholar				
			Walk With a Scholar	
		• •	(WWS) (for 1st	G 0 G1 111
Mentoring (Book Review)	19-10-2019	20	years) Walk With a Scholar	Soft Skills
Montoning (Constitution)	19-10-2019	30	(WWS) (for 1st years)	Soft Skills
Mentoring (Constitution)	19-10-2019	30	Walk With a Scholar	SUIT SKIIIS
계약의 명이 걸어가면서 이 모양이었습니?			(WWS) (for 1st	
Mentoring (Scientific temper)	26-10-2019	30	years)	Soft Skills
ivientoring (perentine temper)			Walk With a Scholar	
			(WWS) (for 1st	
Mentoring (Meet the Expert)	26-10-2019	30	years)	Soft Skills
	ça-		Walk With a Scholar	
			(WWS) (for 1st	
Mentoring (Art & Self-Development)	02-11-2019	30	years)	Soft Skills
			Walk With a Scholar	
1	02 11 2010	20	(WWS) (for 1st	Soft Skills
Mentoring (Meet the Expert)	02-11-2019	30	years) Walk With a Scholar	SOIL SKIIIS
			(WWS) (for 1st	
Mentoring (Self-Awareness)	30-11-2019	30	years)	Soft Skills
Wentoring (Sen-Awareness)	30-11-2017	30	Walk With a Scholar	BOIL DRIIIS
			(WWS) (for 2nd	
Mentoring (Review a Journal article)	26-10-2019	30	years)	Soft Skills
			Walk With a Scholar	
			(WWS) (for 2nd	
Mentoring (Environment Sensitisation)	26-10-2019	30	years)	Soft Skills
			Walk With a Scholar	
Mentoring (Soft Skills, Presentation	16.11.0010	20	(WWS) (for 2nd	0 0 01 111
Skills etc.)	16-11-2019	30	years) Walk With a Scholar	Soft Skills
Mentoring (Environment Sensitisation)	16-11-2019	30	(WWS) (for 2nd years)	Soft Skills
Mentoring (Environment Sensitisation)	10-11-2017	50	Walk With a Scholar	DOIL DIVING
	04/10/2019 to		(WWS) (for 2nd	
Mentoring (Internal)	20/12/2019	8	years)	Soft Skills
			Walk With a Scholar	
Mentoring (Gender Sensitization)	19-10-2019	20	(WWS)	Soft Skills
Mentoring (Soft skills and presentation			Walk With a Scholar	*
skills)	16-11-2019	20	(WWS)	Soft Skills
Mentoring (How to review a journal			Walk With a Scholar	G 0 G1 '''
article)	23-11-2019	20	(WWS)	Soft Skills
Mark to Control to the state of	04-01-2020	20	Walk With a Scholar	C - A CI-:11-
Mentoring (Environment sensitization)		20	(WWS)	Soft Skills
Scholar Support Programme				
Sessions on Life Skills & Soft Skills:	00/44/5010		Scholar Support	
Internal & External Mentoring (120	30/11/2019 to	40	Programme (Govt. of	Coff Chille
sessions)	16/12/2019	40	Kerala)	Soft Skills
Health Club				





	Awareness class on "Tobacco Hazards and COTPA Act" and " Non-communicable Diseases with emphasis				
	on cancer Preventions	10-01-2020	86	Health Club	Life Skills
2	Mental Health and Life Skill Training	16-12-2019	42	Health Club	Life Skills
	Yoga Class	30-09-2019	83	Health Club	Life Skills
	National Cadet Corps				
	International Yoga Day	21-06-2020	50	National Cadet Corps	Life Skills
1 - 1 - 1 - 7	Mega Swatchata Pakhwada	30-08-2020	56	National Cadet Corps	Life Skills
- 1	Swatchata Pakhwada Cleaning Drive	17-09-2020	45	National Cadet Corps	Life Skills
	Gandhi Jayanthi Cleaning Initiative for	17 09 2020		Transcript Cader Corps	Ziic Britis
	Health	02-10-2020	50	National Cadet Corps	Life Skills
	Anti-Drug Awareness Campaign	17-11-2020	60	National Cadet Corps	Life Skills
	Plogging	07-12-2020	50	National Cadet Corps	Life Skills
	Swatchata Pakhwada Cleaning Drive	08-12-2020	50	National Cadet Corps	Life Skills
	National Service Scheme	00 12 2020	30	Tractional Cauci Corps	Life Skills
	Trational Service Scheme			National Service	
	Self Defense Class	01-09-2019	40	Scheme	Life Skills
	STERN			National Service	
		02/09/2019	45	Scheme	Life Skills
	Residential Leadership Training	14/11/2019 –	40	National Service	*
	Program	16/11/2019	40	Scheme	Life Skills
	Commerce				
				Walk With A Scholar	
	Mentoring (Creative Writing)	19-01-2019	50	& Department of Commerce	Soft Skills
	Withorning (Creative Witting)	19-01-2019	30	Walk With A Scholar	SOIL SKIIIS
				& Department of	
	Mentoring (Communication Skills)	19-01-2019	50	Commerce	Soft Skills
			F. 118 A.	Walk With A Scholar	
	Mentoring (Yoga)	19-01-2019	50	& Department of Commerce	Soft Skills
	Wientornig (10ga)	19-01-2019	30	Walk With A Scholar	SOIL SKIIIS
				& Department of	
	Mentoring (Emotional Intelligence)	02-02-2019	30	Commerce	Soft Skills
				Walk With A Scholar	
2018 -	Mentoring (GD & Interview Skills)	07 02 2010	50	& Department of	0.001.11
2019	Mentoring (GD & Interview Skills)	07-02-2019	50	Commerce Walk With A Scholar	Soft Skills
				& Department of	
	Mentoring (Emotional Intelligence)	11-02-2019	30	Commerce	Soft Skills
				Walk With A Scholar	
				& Department of	
	Mentoring (Mental Health)	13-02-2019	30	Commerce	Soft Skills
				Walk With A Scholar & Department of	
	Mentoring (Creative Thinking)	19-02-2019	50	Commerce	Soft Skills
				Walk With A Scholar	ZOTE DAILID
				& Department of	
	Mentoring (Communication Skills)	20-02-2019	50	Commerce	Soft Skills
	Montoning (Various Various IC P			Walk With A Scholar	
111	Mentoring (Know Yourself; Personality Development)	23-02-2019	18	& Department of Commerce	Soft Skills
	Development)	23-02-2019	10	Commerce	Soft Skills

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			Walk With A Scholar & Department of	
Motivational Tour	23-03-2019	30	Commerce	Soft Skills
Scholar Support Programme				
Sessions on Life Skills & Soft Skills: Internal & External Mentoring (120 sessions)	12-10-2018 to 16-02-2019	40	Scholar Support Programme (Govt. of Kerala)	Soft Skills
National Cadet Corps				
International Yoga Day	21-06-2018	30	National Cadet Corps	Life Skills
Anti Drugs and Anti Tobacco Day	26-06-2018	35	National Cadet Corps	Life Skills
Voters Awareness Program (SWEEP)	07-11-2018	30	National Cadet Corps	Life Skills
Swatchata Pakhwada Cleaning Drive	15-12-2018	40	National Cadet Corps	Life Skills
Nature Education and Trekking Camp- Vallakadavu	25-02-2019 to 27-02-2019	35	National Cadet Corps	Life Skills
National Service Scheme				
Positivity & Meditation	12-06-2018	60	National Service Scheme	Soft Skills
Swachh Bharat Internship Programme	16-06-2018	50	National Service Scheme	Life Skills
International Yoga Day Celebration	21-06-2018	55	National Service Scheme	Life Skills
Poster designing Competition	25-06-2018	60	National Service Scheme	Life Skills
Traffic Training	27-06-2018	60	National Service Scheme	Life Skills
Essay Competition	10-07-2018	50	National Service Scheme	Language Skills
Blood Donation Awareness Class	10-08-2018	55	National Service Scheme	Life Skills
Solid Waste Management Survey & Plastic Waste Collection	12-08-2018	50	National Service Scheme	Life Skills
Medical Camp & Awareness	27-08-2018	60	National Service Scheme	Life Skills
Disease Surveillance Survey Training Survey	07-09-2018	45	National Service Scheme	Soft Skills
Aswathy - Lal Memorial Quiz Competition	24-09-2018	45	National Service Scheme	Others
Training Programme	07-11-2018	50	National Service Scheme	Life Skills
Speak For India	10-11-2018	40	National Service Scheme	Soft Skills
Training & Cleaning For State School Youth Festival	04/12/2018 - 06/12/2018	50	National Service Scheme	Life Skills
Quiz Competition	05-01-2019	45	National Service Scheme	Others
Debate Competition	25-01-2019	45	National Service Scheme	Language Skills



First Aid Training Programme

15/03/2019

National Service
Scheme
Life Skills

