

SANATANA DHARMA COLLEGE

ALAPPUZHA

Affiliated to the University of Kerala Reaccredited by NAAC with A+ grade



CRITERION: 7

Institutional Values and

Best Practices

7.1.1

Gender Audit and Gender

Equity Measures

Women Student's Achievement





DECLARATION

I hereby officially state that the following students made achievements in the various sports, cultural and extra-curricular activities for the period from 2018-2023

Principal

Prof. (Dr.) PREMA K.H PRINCIPAL PEN 457693 SD COLLEGE ALAPPUZHA

Women Student's Achievements 2018-2019

Sl.No.	Names	Events	Position
		International	
1	Anitta Joseph		I Prize
		National	
1	Aparna Raj	Rowing	Participation only
2	Meenu Joseph	Rowing	Participation only
3	Arya P S	Rowing	Participation only
4	Anju Antony	Rowing	Participation only
5	Anitta Joseph	Power Lifting	Participation only
6	Ashley M K	Kayaking K4 1000M	III Prize
7	Ashley M K	Kayaking K4 200M	I Prize
8	Ashley M K	Kayaking K4 500M	I Prize
9	Ashely MK	Canoe	Participation only
10	Krishna Madhu	Rugby	II Prize
11	Silpa S		Participation only
12	Arya R Nair	Madhava Mathematics Competition	Participation only
13	Siji Anna Saji	Madhava Mathematics Competition	Participation only
14	Absulin	Madhava Mathematics Competition	Participation only
15	Vaishnavi V Kamath	Madhava Mathametics Competition	Participation only
		State	
1	Krishna Madhu	Rugby	Participation only
2	Krishna MAdhu	All Kerala Rugby Sevens Championship	II Prize
3	Aparna Raj	Rugby	Participation only
4	Arya Nair A	Cricket	II Prize
5	Gia Anna George	Table Tennis	Participation only
6	Aiswarya T S	Cricket	II Prize
7	Sree Lakshmi Udayan	Badminton	Participation only





		Regional	
1	Sreelekshmi D	Quiz, Debate, Essay writing etc.	
2	S Dhivya Dharshini	Sangeetholsavam	Consolation
3	C Aarcha Manoj	Table Tennis	III Prize
4	Sree Lakshmi Udayan	Table Tennis	III Prize
5	Gia Anna George	Table Tennis	III Prize
6	Arya Nair A	Table Tennis	III Prize
7	Adithya S	Cricket	II Prize
8	Hazni Jayaprakash	Cricket	II Prize
9	Anitha Krishnan	Cricket	II Prize
10	Rosemary P J	Cricket	II Prize
11	Rajeshwari S	Cricket	II Prize
12	Praveena K P	Cricket	II Prize
13	Nihitha K M	Cricket	II Prize
14	Lihita K Babu	Cricket	II Prize
15	Gayathri K S	Cricket	II Prize
16	Rajeshwari Raju	Cricket	II Prize
17	Aishwarya T S	Cricket	II Prize
18	Sree Lakshmi Udayan	Cricket	II Prize
19	Arya Nair A	Cricket	II Prize
20	Pranitha P Pai	Cricket	II Prize
21	Anusree Udayakumar	Powerlifting 83 kg	II Prize
22	Hazni Jayaprakash	Cricket	II Prize
23	Haritha S Lal	Camp certificate	Participation only
24	Nimisha Thilakan	Quiz, Debate, Essay Writing	Participation only
25	Saranya J	Essay writing	II Prize
26	Aleena Mol S		Participation only
27	Aiswarya G	Painting	II Prize
28	Saranya J	Elocution	I Prize
29	S Dhivya Dharshini		Special award
30	Haritha Madhu	Agri- Horticultural- Industrial Exhibition	Participation only



2019-2020

Sl.No.	Name	Event	Position
1	Anitta Joseph	Power lifting 47 kg cetegory	I Prize
		National	
1	Sruthi S	Map reading	II Prize
2	Anitta Joseph	Power lifting 47kg category	I Prize
3	Siji Anna Saji	Biological Diversity Quiz	Participation only
4	Vandhana V Shaji	Madhava Mathematics Competition	Participation only
5	Siva Satheesh	Sports	Participation only
6	Arya P S	Rowing W2 Category	III Prize
7	Arya P S	Rowing W4 Category	I Prize
8	Krishna Madhu	Rugby	III Prize
9	Anitta Joseph	Powerlifting 47 kg	I Prize
10	Anitta Joseph	Powerlifting	I Prize
11	Anitta Joseph	Bharat Murali Everrolling trophy	I Prize
		State	
1	Sandra Saiju	Bharat Murali everrolling trophy, nadakolsavam	I Prize

2020-2021

Sl.No.	Name	Event	Position
1	Rosemary P.J.	Table Tennis	II Prize
2	Hazni Jayaprakash	Table Tennis	II Prize
3	Aswani R.	Table Tennis	II Prize
4	Mridula Gireesh	Table tennis	II Prize

2021-2022

Sl.No.	Name	Event	Position
		National	





1	Athulya S	200 meter women	Gold medal
2	Athulya S	200 meter mixed	Gold medal
3	Athulya S	1000 meter mixed	Bronze medal
4	Nikhitha S	Sports	Gold medal
5	Tinu Antony	Dragon Boat Race	Bronze medal
6	Arya D	Rowing	Gold medal
	S	tate	
1	Meenakshi Parvathy K S	Drama festival	I Prize
2	Nandana V	Kathakali	II Prize
3	Nandana V	Keralanadanam	III Prize
4	Athira V	Best NSS Volunteer	
5	Reenu Baiju	Table tennis	II Prize
6	Summaya Muhammed Kunju, Dela Tresa Thomas, Sreelakshmi A.S.	All Kerala best manager selection contest	
7	Saraswathy Varma V.S.	Short Story Contest	I Prize
8	Sameera Shameer	District Olympic Games	Gold medal
9	Sameera Shameer	Taekwondo	Bronze medal
	University Kalolsavam	P	
1	Mazha M	Drama Festival	I Prize
2	Meenakshi Parvathy K S	Drama Festival	I Prize

2022-2023

Rank Students

Sl.No.	Name	Course	Position	Year
1	Saraswathy Varma	BA Communicative	1 st	2022
		English		
2	Sheba Anto Chaluthra	BA Communicative	3 rd	2023
		English		

Sl.No.	Name	Event	Position
		National	
1	Arya D Nair	Rowing	Gold medal
2	Arya D Nair	Rowing	Gold medal





3	Arya D Nair	Rowing	Participation
4	Nikhitha S	Dragon Boat(D 20 mix-200m)	Gold medal
5	Nikhitha S	Dragon Boat(D 20 mix-500m)	Bronze medal
6	Tinu Antony	Dragon Boat(D 20 mix-200m)	Gold medal
7	Tinu Antony	Dragon Boat(D 20 mix-500m)	Bronze medal
8	Anupama T K	Rowing	Silver medal
9	Shiya Joseph John	Rugby	Gold medal
10	Shiya Joseph John	Rugby	Particiption
		State	
1	Sreelekshmi.R	100m Hurdles	Gold medal
2	Sreelekshmi.R	Triple jump	Bronze medal
3	Shiya Joseph John	Rugby	Bronze medal
4	Abhirami A	Powerlifting	Bronze medal
5	Abhirami A	Powerlifting	Silver medal
6	Reenu Baiju	Table Tennis	Participation
7	Sreelekshmi R	Athletics	Participation
8	Arya D Nair	Rowing	Bronze
9	Anupama T.K.	Rowing	Bronze
10	Adithya A	Rowing	Bronze
11	Sreelekshmi R	Athletics	Participation
12	Devi Krishna	Chess	Participation
13	Sreelekshmi R	100 m Hurdles	Gold medal
14	Sreelekshmi R	400 m Relay	Bronze medal
15	Gopika Ganeshan	400m Relay	Bronze medal
16	Shiya Joseph John	400m Relay	Bronze medal
17	Sethu Lakshmi	Taekwondo	Bronze medal
18	Sameera Shameer	Taekwondo	Silver medal
19	Abhirami	Powerlifting	Gold medal
20	Lavanya R	Athletics 400m relay	Bronze medal
21	Lavanya R	Athletics 400m mixed relay	Bronze medal
22	Jishna S	Chief Minister student n	nerit award





23	Radhika Das	Chief Minister studen	Chief Minister student merit award		
24	Anjali Rajesh	Chief Minister studen	Chief Minister student merit award		
25	Sulfath sakkeer	Chief Minister studen	Chief Minister student merit award		
26	Revathy S	Chief Minister studen	Chief Minister student merit award		
27	Sulfath Sakkeer	Online foo photography contest	d Participation		
28	Gourikrishna V	Arts exhibition	Arts exhibition		
29	Alfiya Latheef	IEDC,IIC & ED Club	IEDC,IIC & ED Club		
30	Ahalya Prasannan	Agar art	Second position		
31	Mary Treasa J Arouje	Poetry writing	Third position		
	University Kalolsav	am			
1	Mazha M	Mono Act	III Prize		
2	Pavithra P	Kerala Nadanam	I Prize		
3	Pavithra P	Mohiniyattam	III Prize		
4	Dheeya Sarju	Monoact	II Prize		
			1		



കേരള സർവ കലാശാല യിൽ നിന്ന് ബിഎ കമ്യൂ ണിറ്റിക്കേറ്റീവ് ഇംഗ്ലിഷിൽ ഒന്നാം റാങ്ക് നേടിയ സര സ്വതിവർമ.



(എസ്ഡി കോളജ്, ആലപ്പുഴ). കരുമാടി കമലവിലാസം റിട്ട.എ ക്സൈസ് സർക്കിൾ ഇൻസ്പെ ക്ടർ സലിലകുമാറിന്റെയും നീർ ക്കുന്നം അൽ ഇജാബ സെൻട്രൽ സ്കൂൾ പ്രിൻസിപ്പൽ ടി.എസ്.വി ജയശ്രീയുടെയും മകളാണ്.





























