



SANATANA DHARMA COLLEGE

ALAPPUZHA

Affiliated to the University of Kerala
Reaccredited by NAAC with A+ grade



CRITERION: 7

Institutional Values and Best Practices

7.1.4

Inclusive Environment (Constitutional Obligations)



Constitutional Obligations

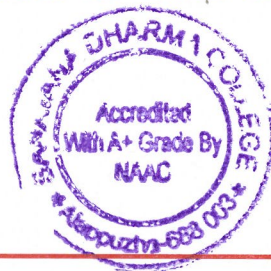
Awareness of Rights and Freedoms: Students need to understand their constitutional rights and freedoms, such as freedom of speech, assembly, and religion. This knowledge empowers them to navigate school environments confidently while exercising their rights responsibly.

Respect for Rule of Law: Constitutional obligations teach students the importance of respecting and upholding the rule of law. This includes understanding the legal framework within which schools operate and the consequences of violating constitutional principles.

Civic Engagement and Responsibility: By understanding constitutional obligations, students develop a sense of civic duty and responsibility. They learn how their actions and decisions can impact themselves and their community, fostering a culture of responsible citizenship.

Protection Against Discrimination: Constitutional protections safeguard students against discrimination based on factors such as race, gender, religion, or disability. Understanding these protections helps students recognize and address instances of discrimination, promoting a more inclusive and equitable school environment.

Preparation for Future Participation: Knowledge of constitutional obligations prepares students for future participation in democratic processes and civil society. It equips them to advocate for causes they believe in and engage in informed discussions on issues affecting their communities and beyond.






DECLARATION

The following activities were carried out for the for the sensitization of students and employees to the constitutional obligations in the institution during the assessment period 2018-19 to 2022-23.




Principal
Prof. (Dr.) PREMA K.H
PRINCIPAL
PEN 467693
SD COLLEGE ALAPPUZHA



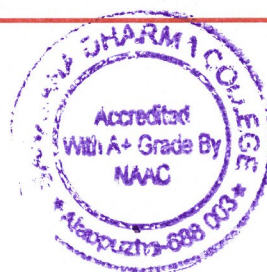
Independence Day Celebration

National Service Scheme of SD College Alappuzha celebrated Independence Day Programme on 15th August 2018 started with hoisting the flag by College Principal Dr. P. R. Unnikrishna Pillai, Retd. Fire Force officials Sri K.V.Ahmedkutty. Benedict and Mohandas were honoured. Later, Dr.Dileep C, Faculty of Botany Dept. felicitated the function.



Swatch Bharat Sramadan

Volunteers of National Service Scheme of SD College Alappuzha cleaned on 16/09/18 the campus as a part of Swatch Bharat Sramadan. POs Dr. Veena J & Dr.Lekshmi.S gave leadership to the programme in which about 50 volunteers actively participated.





SANATANA DHARMA COLLEGE ALAPPUZHA

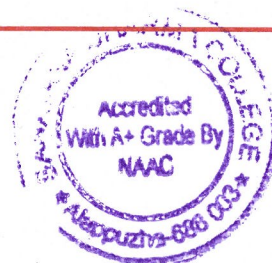
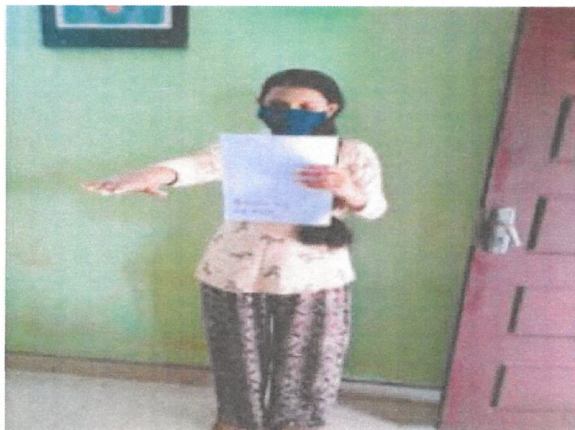
International Anti-Drugs Day

NSS Unit of SD College Alappuzha and Alappuzha T.D.Medical College jointly observed International Anti-Drugs Day on 26th June 2018, at Audio Visual Hall. N.S.S. Programme Officer Dr.Veena.J welcomed the gathering. College Principal Dr.Unnikrishna Pillai presided over the function. Excise Deputy Commissioner A.K.Narayanankutty inaugurated the programme. Alappuzha T.D.Medical College Principal Dr.Pushpalatha and Alappuzha T.D.Medical College Union Chairman Khaleel felicitated the programme. Later, Dr. Sebinth Kumar, Assistant Professor Psychiatry, handled an awareness class.



Constitution Day

NSS volunteers of S. D. College Alappuzha conducted a preamble reading on the occasion of Constitution Day, 26 November 2020.





Gandhi Jayanthi

About 50 Volunteers under the leadership of PO Dr. Lekshmi S participated in the cleaning programme conducted as a part of Gandhi Jayanti on 02/10/18.



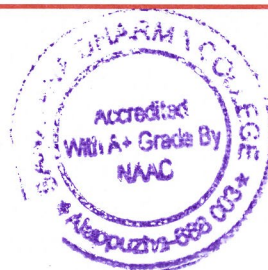
Disaster Surveillance & Child Rights

N.S.S. Unit of SD College Alappuzha and UNI SCO jointly conducted a one- day seminar on "DISASTER MANAGEMENT & CHILD RIGHTS at St Josephs Higher Secondary School, Pulinkunnu on 2nd October 2018. A team of 30 volunteers with PO Dr. Veena I participated in the programme.



Children's Day Celebration

A painting contest was held on 14th November 2018 at Government Lip School on Children's Day. Gift was given to the winners.





NATIONAL YOUTH DAY

National Service Scheme of SD College Alappuzha celebrated NATIONAL YOUTH DAY on 12/01/2019. The presidential address was delivered by Dr. Veena J, NSS PO. The inauguration and motivation class was taken by former Principal Dr. S. Nataraj Iyer.



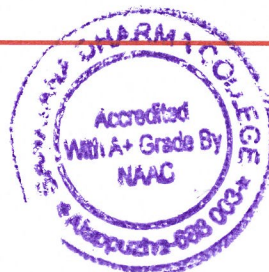
NATIONAL PALLIATIVE CARE DAY

NSS UNIT SD COLLEGE participated in the awareness rally as a part of national palliative care day on 15/01/2019 in association with district palliative care society and won first prize for bringing out creative ideas on the course of the rally by performing items like Tablo, Placards containing pictures of famous personalities in the field and their quotes Along with the rally the unit played a tribute to Nurse Lini who sacrificed her life during the disastrous NIPA virus flu which affected all over Kerala.



YOUTH WEEK CELEBRATION

NSS SD COLLEGE took part in the celebrations on youth week on 19/01/2019 by district NYK in which Hon. MLA Shri Mullapalli Ramachandran spoke about the relevance of the famous Chicago speech of Swami Vivekanand NSS unit was awarded for the best performance in the observation of national youth week.





SANATANA DHARMA COLLEGE ALAPPUZHA



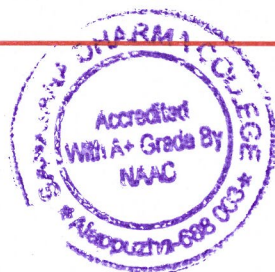
NATIONAL YOUTH PARLIAMENT

Tibin Varghese, Harinarayanan Ov, Anand P Shenoy, Vishnu S Menon Sneha V, participated in the National Youth Parliament on 24/01/2019 and won 3 among the top 10 positions.



REPUBLIC DAY CELEBRATION

SD COLLEGE NSS UNIT celebrated the republic day on 26th January 2019. Principal of the college hoisted the National Flag. An ex-service man and an on service Jawan of Indian army were honored on the occasion by the programme officers of the unit and the memento was gifted by two former programme officers of the unit





SANATANA DHARMA COLLEGE ALAPPUZHA

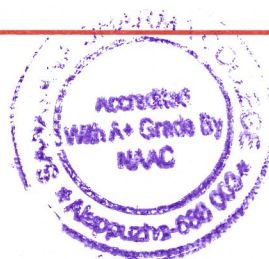
SUCHITHVA BHARATH MISSION

SD COLLEGE NSS UNIT hosted the programme organized by kerala government's Suchithva Bharath Mission awareness class on 06/03/2019 in the topic zero waste Carrier guidance class was taken by UNICEF's communication consultant Shri Baby Arun in the noon session of the full day programme. The participation of the full unit took place Vice Principal of the college delivered the presidential address



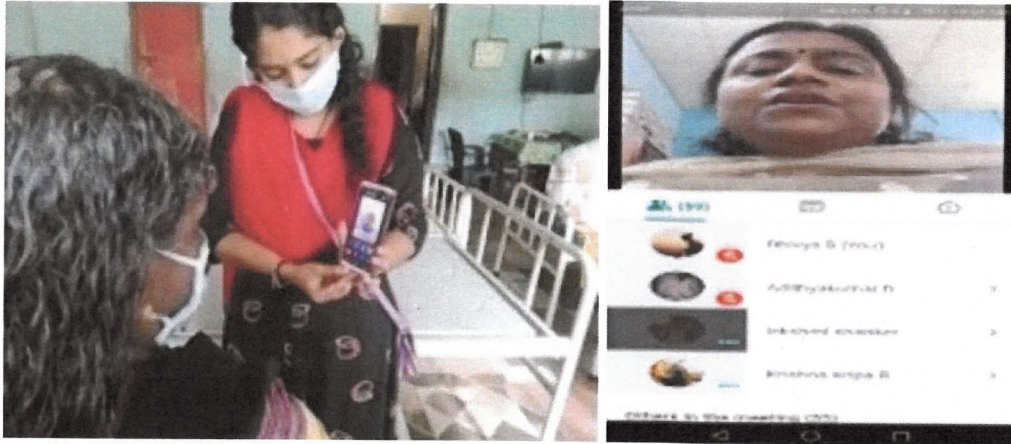
WORLD ENVIRONMENT DAY CELEBRATION

The NSS UNIT OF SD COLLEGE ALAPPUZHA started the social services of this year with the observance of world environment day on 05/06/2019. This year's AATHMA award winner Sri V Suresh Kumar planted saplings of fig and jackfruit in the college premises and on either sides of the common street near by an awareness class on the topic THE NEED OF ENVIRONMENT PROTECTION AND CONSERVATION was lead by him. The programme officers of the unit honoured Sri V Suresh Kumar on the occasion.





World Food Day



As a part of the observance of World Food Day, NSS unit of S. D. College donated food supplies to the Old age home "Snehaveedu" on 16th October 2020 and spent some beautiful moments with the residents. Nearly 20 NSS Volunteers visited the place obeying the covid 19 protocols and all others including the programme officers joined online through Google meet.

National Youth Day : Karuthal Blood Donor's Directory

NSS unit of S. D. College, Alappuzha on 12th January 2021 took an initiative to help people by providing blood donors at times of emergency. On the occasion of National Youth day, a blood directory named 'KARUTHAL' was inaugurated via Microsoft teams by Sri. Justin P Jose and NSS Programme Officer Dr S. Lekshmi.



Blood Donors Directory

KARUTHAL

Keep Your Blood In A Queue - Get The Patients In A Zip

Launched On 12-01-2021

NATIONAL YOUTH DAY

Click To Join As A Voluntary Blood Donor

<https://forms.gle/gqvVYREMM3teqW1zf>





International Earth Day

NSS Volunteers of S. D. College, Alappuzha collected plastic wastes and handed them over to the Alappuzha Municipality on 22nd April 2020. Due to the pandemic situation, NSS Volunteers collected wastes from their own homes and nearby areas.

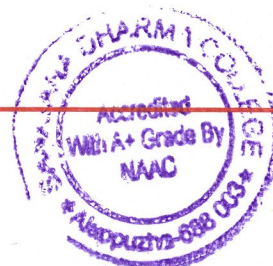
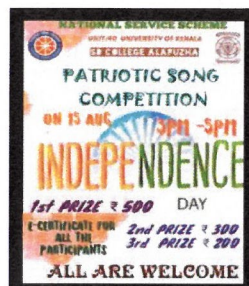


Kargil Vijay Diwas

NSS unit of our college brought out a documentary film, and also took an interview of the family of Captain Jerry Premraj, who was martyred during the Kargil war. Volunteers lighted candles and paid homage to martyred soldiers.

Independence Day

The NSS unit of S. D. College, Alappuzha conducted a patriotic song competition on the Independence day, 15 August 2020. The competition was for college students and the winners were awarded with cash prizes.





Gandhi Jayanti

An Inter Collegiate Quiz Competition "**Dhishana 2020**" was organised on 2 October 2020 on the occasion of Gandhi Jayanti under the auspices of S. D. College NSS Unit. NSS Program Officer Dr. J. Veena and Dr. S. Lakshmi spoke during the occasion. Prizes were distributed to the winners of the competition. About 50 volunteers participated in the event.

Air force Day

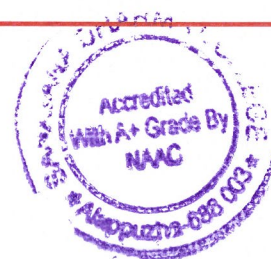
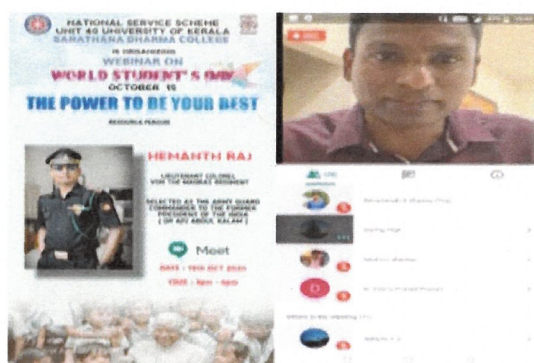
An interactive session was organised on 8th October 2020 on the occasion of Indian Air Force Day under the auspices of S. D. College NSS Unit. Air Force Officer Vishnu J. Pillai delivered the keynote address. The NSS Program Officer Dr. J. Veena presided over the function. NSS Program Officer Dr. S. Lakshmi welcomed the gathering and Second Year Volunteer Altaf proposed a vote of thanks. Seventy volunteers attended the event.

Online Training on International Girl Child Day

An online training program was conducted by S. D. College NSS unit as part of the International Girl Child Day on 11th October 2020. More than 190 students attended the programme.

World Student's Day

As a part of the observance of the World student's day, 15th October 2020, our college NSS Unit conducted a special interactive session. The Resource Person of the Interactive session was Lieutenant colonel Hemanth Raj (Chief security officer of Sir A.P.J. Abdul Kalam). The session was inaugurated by the college principal Dr. P.R. Unnikrishna Pillai. Programme officers Dr. Veena.J and Dr. Lekshmi.S and other volunteers participated in the session.





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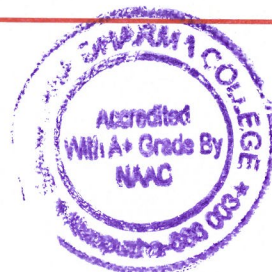
Republic Day Celebrations

The NSS unit of S. D. College Alappuzha organised the 72th Republic Day celebrations in compliance with all the covid norms. S. D. College Principal Dr. P R. Unnikrishna Pillai hoisted the flag. The College Vice Principal Dr. T. R. Anil Kumar and NSS Program Officer Dr. S. Lakshmi interacted with the volunteers. NSS welcomed the English department's Asst. Professor Neetha Prasad to the NSS family as a new Program Officer. We then honoured Shri Michael (College Gardner) for his years of selfless service. About 70 volunteers participated in the flag hoisting ceremony through online mode. NSS Volunteer Swetha gave Republic Day message to everyone. After the ceremony, NSS Volunteers cleaned the College Garden. About 40 volunteers participated in the same.



Voters for Nation, Mask for Life : Voting & Voters Awareness Campaign

NSS Volunteers of S. D. College, Alappuzha actively participated in the awareness campaign named "Voters for Nation, Mask for Life" organised in connection with the Kerala Legislative Assembly Election 2021 by the Alappuzha district administration, SVEEP and CSO on 11th February 2021. Sri. A. Alexander IAS (District Collector of Alappuzha) inaugurated the ceremony. Masks were distributed as part of this programme. After that, the NSS volunteers cleaned the college campus.





SANATANA DHARMA COLLEGE ALAPPUZHA



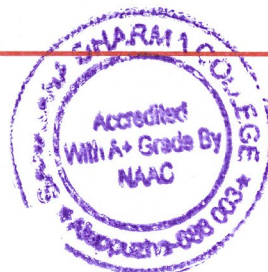
Celebrating 75 Years of India's Independence



NSS Volunteers of S. D. College, Alappuzha actively participated in the 75th Independence day celebration programme in connection with Azadi Ka Amrit Mahotsav on 15th August 2021 at S. D. College. After the ceremony, NSS volunteers cleaned the college library and surroundings. All the NSS Volunteers participated in the RASHTRAGAAN, an initiative by the Ministry of Culture to mark Azadi Ka Amrit Maholsav.

Webinar on Human Literacy and Digital World

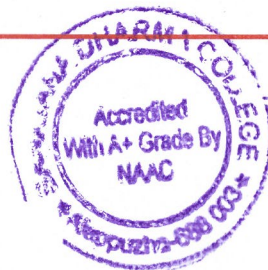
NSS volunteers actively participated in the webinar on the topic "Human Literacy and Digital World" conducted by the NSS unit of S. D. College, Alappuzha via google meet in connection with the World literacy day on 8th September 2021. The session was taken by Dr. Thomas Panakkalam (Asst. Professor of the Department of Malayalam, Bharatha Matha College, Thrikkakara).





Know Your Rights : Legal Service Awareness and Cyber Laws

NSS unit of S. D. College, Alappuzha conducted an awareness session named "Know Your Rights" about the topic 'Legal Service Awareness and Cyber Laws' in association with the District Legal Service Authority, Alappuzha on 9th November 2021 in connection with National Legal Services day as part of the Azadi Ka Amrit Mahotsav. The programme was inaugurated by Sri. Jayaraj (DYSP, Alappuzha). The session was taken by Adv. Jayan C. Das (Leading Advocate of Alappuzha Bar Association).





Reading of Preamble of Indian Constitution

NSS unit of S. D. College, Alappuzha organised 'Reading of Preamble of Indian Constitution' in connection with the Constitution day to inspire the society and ourselves to live by the principles laid down in the preamble for the betterment of our nation on 26th November 2021.

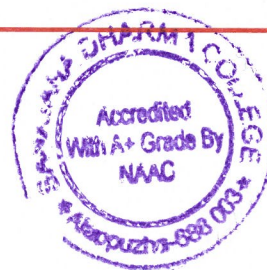


Webinar on Human Rights

NSS unit of S. D. College, Alappuzha conducted a webinar on the topic "Human Rights" in association with the Legal Service Committee, Ambalappuzha Taluk in connection with the World Human Rights day via Google meet on 26th November 2021. The programme was inaugurated by Smt. Jalaja Rani M. T. (Sub Judge and DLSA Secretary, Alappuzha) and the session was taken by Adv. Nasar M. Pyngamadom.

National Youth Day Celebration


Alappuzha district Youth Welfare Board organised a seminar on the topic '*Vivekananda Dharshanangalude Samakalika Parasakthi*' on 12th January 2022 in connection with the National Youth Day. The programme was inaugurated by Honourable MLA Sri. H. Salam. NSS Volunteers of S. D. College participated in the programme.






Sammathidhaana Avakaasham : Annum Innum

The NSS unit of S. D. College, Alappuzha conducted a programme named "Sammathidhaana Avakaasham : Annum Innum" in connection with the National Voters day on 25th January 2022. As part of the programme, NSS Volunteers collected responses from the older generation on voting methods of the past and the present and about their first voting experience.



NATIONAL SERVICE SCHEME
UNIT NO : 40 KERALA UNIVERSITY
SANATANA DHARMA COLLEGE, ALAPPUZHA




PLATINUM JUBILEE CELEBRATION OF SANATANA DHARMA COLLEGE, ALAPPUZHA

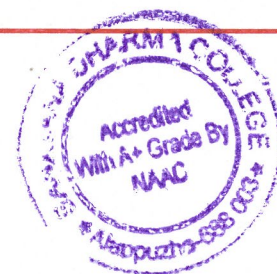
ON NATIONAL VOTERS DAY, 25 JANUARY 2022

സമ്മതിദാനാവകാശം :
അന്നും ഇന്നും

പഴയകാലത്തെയും ഇന്നത്തെതെയും വോട്ടിംഗ് രീതികളെക്കുറിച്ചും ആദ്യത്തെ വോട്ടിംഗ് അനുഭവത്തെക്കുറിച്ചുമുള്ള മുതിർന്ന തലമുറയുടെ പ്രതികരണം, പരാമർശം 2 മിനിറ്റിൽ താഴെയാളുടെ വിവരങ്ങൾ അഭ്യർത്ഥിക്കുക.

Date : 26-01-2022
Time : Until 4 pm


NSS_SDC





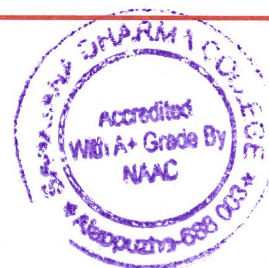
73rd Republic Day Celebration

Alappuzha S.D. College NSS unit celebrated 73rd Republic Day on 26th January 2022. National flag was hoisted by Dr. P.R. Unnikrishna Pillai (Principal of S.D. College, Alappuzha). Also the NSS unit organised a programme named "Plastic free campus" on Republic Day. The programme was inaugurated by the Principal of SD College Alappuzha. 70 NSS volunteers participated in the programme. Our NSS volunteer Vani S participated in the RD camp at New Delhi as part of Republic Day Celebrations in the esteemed presence of the honourable Prime Minister of India.



75 Crore Suryanamaskar

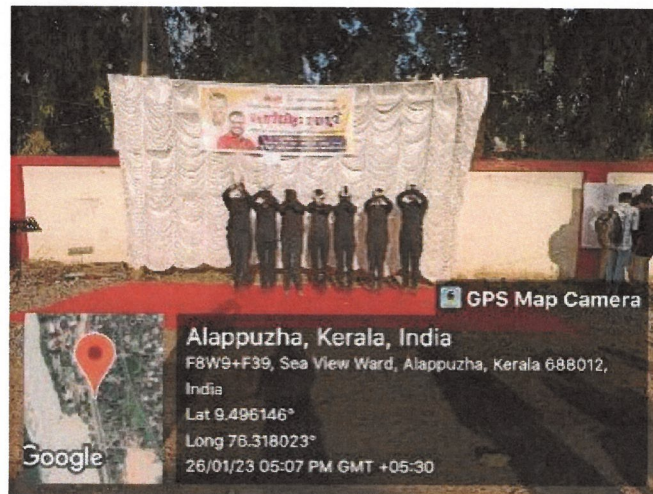
NSS unit of S. D. College, Alappuzha organised a programme, '75 Crore Suryanamaskar' on 05th February 2022 in connection with the auspicious occasion of the 75th anniversary of Indian Independence. The main objective of the programme was to promote a healthy lifestyle for all, as a token of gift to our beloved motherland India.





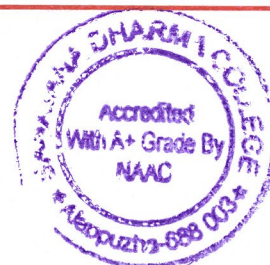
Activities in connection with the 74th Republic Day Celebrations

The NSS unit of S. D. College in collaboration with the Vimukti Mission and District Janamaithri Police conducted a Lahariyilla Theruvu at Alappuzha beach on 26th January 2023 in connection with the 74th Republic day celebrations. As part of the programme, NSS Volunteers presented a Flash Mob and a Mime. The programme was successful in imparting socially relevant anti-drug messages to the society.



International Labour Day

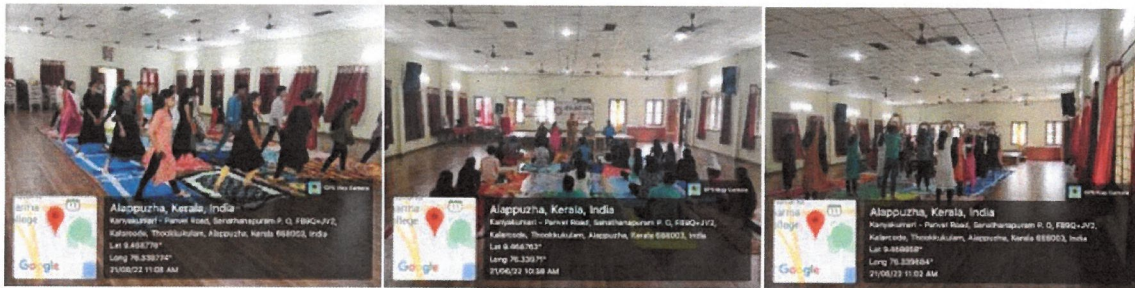
NSS unit of S. D. College, Alappuzha honoured a dear worker, Sri. Sreekumar for the service given in the completion of the Mega Project named "Punarjjani". The NSS unit expressed the sincere gratitude and love of the NSS unit to Sri. Sreekumar by giving an appreciation letter on 1st May 2022.





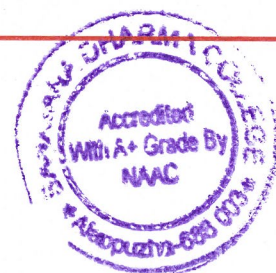
Yoga Practice in association with NYK : International Yoga Day

NSS unit of S. D. College, Alappuzha conducted Yoga Practice in association with the Nehru Yuva Kendra, Alappuzha as a part of the International Yoga Day Celebrations on 21st June 2022.



Digital Van Publicity Drive in connection with International Yoga Day

On the occasion of the International Yoga Day 2022, Central Bureau of Communication, Regional Office - Kerala & Lakshadweep, Thiruvananthapuram and the Ministry of Information and Broadcasting, Govt of India in collaboration with the NSS units organised a one week long Digital Van Publicity Drive from 20th to 26th June, 2022 in different parts of Alappuzha district. On June 24, 2022 the digital van arrived at S. D. College, Alappuzha.





Session on 'Challenges in the path of World peace' : Hiroshima Day

NSS unit of S. D. College, Alappuzha conducted an online session on 'Challenges in the path of World peace' in connection with Hiroshima day on 06th August 2022. The session was taken by Dr. Vishnu Sreevalsan (Assistant Professor, Department of History, S. D. College).

Har Ghar Tiranga Campaign

'Har Ghar Tiranga' is a campaign under the aegis of Azadi Ka Amrit Mahotsav to encourage people to bring the Tiranga home and to hoist it to mark the 75th year of India's independence. Our relationship with the flag has always been more formal and institutional than personal. Bringing the flag home collectively as a nation in the 75th year of independence thus becomes symbolic of not only an act of personal connection to the Tiranga but also an embodiment of our commitment to nation-building. The idea behind the initiative is to invoke the feeling of patriotism in the hearts of the people and to promote awareness about the Indian National Flag. To mark this momentous occasion, NSS unit of S.D. College, Alappuzha distributed 20 National flags to the public for hoisting it at their homes from 13th to 15th August 2022.



76th Independence Day

NSS Volunteers of S. D. College, Alappuzha actively participated in the 76th Independence day celebration programme in connection with the Azadi Ka Amrit Mahotsav on 15th August 2022 at S. D. College. Principal Dr. N. Saraswathy Antharjanam hoisted the national flag. After the ceremony, NSS volunteers cleaned the college library and surroundings.



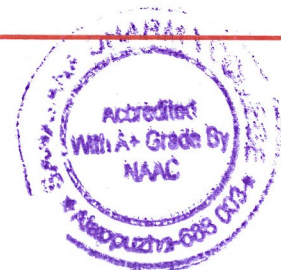
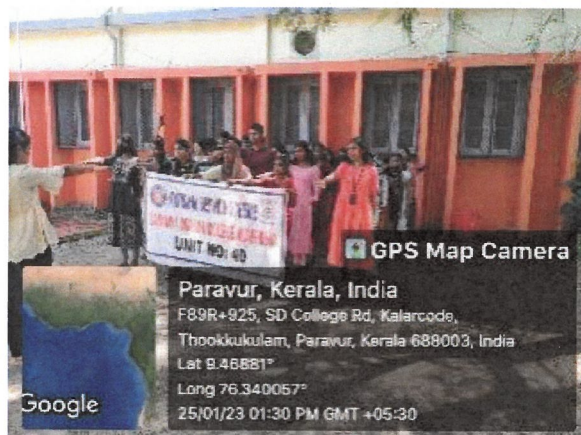
Pledge on the Importance of Conserving Human Rights

NSS Volunteers of S. D. College took a pledge about the 'Importance of conserving human rights' in connection with the International Human Rights day on 09th December 2022.



Pledge on Importance of Voting

NSS Volunteers of S. D. College took a pledge about the 'Importance of Voting' in connection with National Voters day on 25th January 2023.





Republic Day Celebration

Alappuzha S.D. College NSS unit celebrated 74th Republic Day on 26th January 2023. National flag was hoisted by Dr. N. Saraswathy Antharjanam (Principal of S.D. College, Alappuzha). After that, NSS Volunteers cleaned the premises of Thanakulam and the college campus.



Anti-Corruption Day

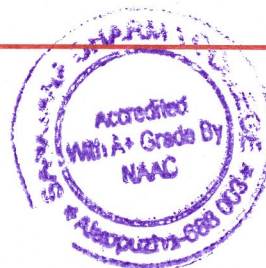
Joint action Council KSPCB, Engineers Federation of KWA, S. D. College, SBCE, SCT College of engineering jointly organised an online training program on Anti-corruption day, 9 December 2020. The session was led by International Corporate trainer and consultant Benny Kurian on the topic "Professional ethics".

World Human Rights Day Webinar

In connection with the World Human Rights Day, S. D. College NSS unit conducted a webinar on 10 December 2020. Sri Vishnu (Faculty of History department) led the session. 71 volunteers participated in the programme.

Sthreepadham - Vanitha Samrambhangaalileykk oru Sandharshanam : International Women's Day

NSS Volunteers of S. D. College, Alappuzha visited the Women entrepreneurs and they shared their experiences with volunteers in connection with the International women's day celebration on 08th March 2023.



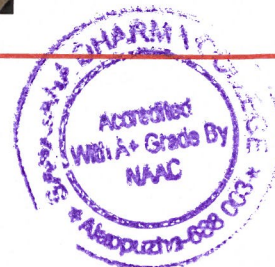


Blood Donation Day

NSS Unit of SD College Alappuzha and Alappuzha District Voluntary Blood Donors Committee jointly conducted a programme on 14th June 2018, in which an awareness class and blood donation camp was included. N.S.S. Unit of our college received the trophy for 2nd place for contributing most blood donors, the last year. Above all N.S.S. Volunteers becomes a role model by donating blood on the same day itself.

Kargil Vijay Divas

2020 July 26th. Kargil Vijay Divas was celebrated by NCC unit of SD college through online various activities like various dance forms and instruments playing on patriotic songs and poems, small documentary videos etc which were uploaded in the social media. The cadets also paid tribute to the Kargil war Martyr hav Sivakumar AMC monument at Kaloor , Ambalappuzha.





SANATANA DHARMA COLLEGE ALAPPUZHA

Gandhi Jayanthi

Gandhi Jayanthi was celebrated on 2nd Oct 2020. An online quiz competition was organized by the NCC unit to commemorate the 151th birth anniversary of Gandhiji. Cadets from schools and colleges of Alappuzha under the 11 kerala Bn participated in the quiz. Apart from this various cleaning programs were conducted by the cadets at their housing localities. Cadets also distributed provisions to the destitute of their locality.

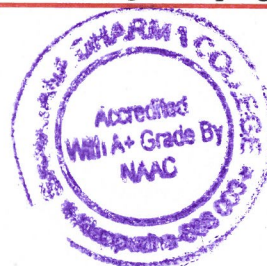
ANTI DRUGS AND ANTI TOBACCO DAY



Anti drugs and anti tobacco day was celebrated in the college on 26 June 2018 in association with the medical college and the college NSS volunteers. A senior physician from Psychiatry department addressed the cadets on the negative effects of drugs and tobacco both on their mental and physical health. Medical college principal, NSS program officer Dr. J. Veena, NCC officer Lt. Anupama felicitated the occasion.

VOTERS AWARENESS PROGRAM (SVEEP)

7th November 2018, The NCC Unit of SD College has conducted an awareness class on the importance of being an adult in Indian democratic situation. The class was organized by Ambalappuzha LAC and the programme was named as 'SVEEP'. Nodal officer from responsible organization has led the programme. The programme was actual conducted for the first year students of SD College for having a training on making election id card by themselves by using an app which is being introduced through this programme. Almost 150





SANATANA DHARMA COLLEGE ALAPPUZHA

students from various departments participated and a general awareness on the new kind of voting machine was also given through the programme

